



Country to Capital 2015

Provisional Results



Posn	Race Number	Name	Class	Club	Class Posn	Finish Time	CP1	CP2	CP3	CP4	CP5	Finish
1	325	Ollie Stoten	Men Open	Tri Training Harder	1	05:07:09	00:55:27	01:10:07	01:01:25	00:48:30	00:29:07	00:42:33
2	391	Harold Wyber	Men Open	Woodford Green Ac With Essex L	2	05:08:12	01:01:27	01:06:44	00:57:57	00:47:59	00:31:13	00:42:52
3	105	Jon Ellis	Men Open	Ealing	3	05:13:24	00:55:25	01:07:19	01:04:14	00:48:20	00:32:56	00:45:10
4	44	Chris Brookman	Men Open	Mk Lakeside Runners	4	05:16:11	00:55:20	01:07:10	01:01:41	00:49:09	00:34:55	00:47:56
5	7	Dan Afshar	40+ Men	Xempo	1	05:31:48	00:55:20	01:07:26	01:01:27	00:53:14	00:40:47	00:53:34
6	21	Elisabet Barnes	Women Open	Leigh-on-sea Striders	1	05:37:06	01:02:53	01:17:07	01:07:14	00:51:43	00:31:59	00:46:10
7	279	Paul Radford	40+ Men	-	2	05:53:26	01:02:51	01:13:17	01:10:40	00:56:59	00:39:09	00:50:30
8	74	Mark Collinson	Men Open	Trail Running Association	5	05:53:41	01:01:43	01:14:26	01:11:00	00:57:49	00:38:05	00:50:38
9	359	Mark Walker	50+ Men	-	1	05:58:36	01:02:23	01:17:34	01:09:30	00:56:18	00:37:19	00:55:32
10	268	Mike Pini	40+ Men	-	3	06:02:06	01:02:40	01:21:06	01:16:06	00:56:51	00:35:24	00:49:59
11	330	David Symons	40+ Men	Thames Hare And Hounds	4	06:06:43	01:02:47	01:20:39	01:11:03	00:59:44	00:39:09	00:53:21
12	65	Susie Chesher	Women Open	-	2	06:08:33	01:07:34	01:23:25	01:13:28	00:57:34	00:35:26	00:51:06
13	267	Tom Pike	Men Open	-	6	06:10:19	01:05:22	01:21:49	01:12:36	01:00:27	00:39:19	00:50:46
14	266	Ammon Piepgrass	Men Open	Harpenden Arrows	7	06:10:41	01:03:47	01:19:27	01:12:36	01:00:46	00:40:05	00:54:00
15	20	Colin Barnes	40+ Men	Leigh-on-sea Striders	5	06:13:40	01:02:53	01:17:11	01:12:35	01:03:35	00:40:24	00:57:02
16	42	Peter Bowles	40+ Men	Serpentine RC	6	06:14:39	01:02:57	01:20:41	01:13:03	01:02:50	00:41:09	00:53:59
17	229	Will Mcmillan	Men Open	-	8	06:14:53	01:01:47	01:16:31	01:10:39	01:09:02	00:39:20	00:57:34
18	220	Shaun Marsden	Men Open	-	9	06:16:20	01:06:52	01:24:12	01:14:47	01:00:32	00:38:25	00:51:32
19	232	Barry Miller	Men Open	Reading Joggers	10	06:16:47	01:02:49	01:20:59	01:12:48	01:02:23	00:41:15	00:56:33
20	274	Michael Price	40+ Men	-	7	06:17:52	01:03:43	01:16:21	01:08:56	01:08:30	00:43:35	00:56:47
21	1	Mike Abel	40+ Men	-	8	06:17:56	01:03:43	01:16:07	01:09:06	01:08:32	00:43:35	00:56:53
22	367	James Watkins	40+ Men	Charnwood A C	9	06:19:44	01:04:48	01:23:31	01:15:25	01:02:10	00:38:58	00:54:52
23	185	Brett Hutchinson	Men Open	-	11	06:19:50	01:05:55	01:22:10	01:18:07	00:56:59	00:36:28	01:00:11
24	299	Zoe Salt	Women Open	-	3	06:20:30	01:06:30	01:24:51	01:15:45	01:02:13	00:38:37	00:52:34
25	331	Rafal Szymanski	Men Open	Above2000	12	06:20:32	01:07:30	01:24:27	01:14:43	01:02:41	00:38:37	00:52:34
26	161	Greg Harradine	Men Open	-	13	06:23:02	01:05:28	01:22:42	01:14:34	01:02:18	00:39:50	00:58:10
27	78	Andrew Cooney	40+ Men	Datchet Dashers	10	06:24:10	00:58:31	01:17:57	01:13:49	01:09:21	00:42:02	01:02:30
28	53	Joe Butler	Men Open	-	14	06:24:29	01:05:03	01:22:51	01:17:14	01:04:57	00:39:58	00:54:26
29	186	Herbert Jankovich	40+ Men	-	11	06:26:06	01:06:59	01:24:02	01:13:26	01:00:31	00:41:42	00:59:26
30	362	Sorrell Walsh	Women Open	Run Dem Crew	4	06:26:54	01:04:28	01:26:49	01:15:07	01:07:47	00:41:05	00:51:38
31	341	Nicholas Towell	Men Open	Serpentine	15	06:27:02	01:04:48	01:23:40	01:14:59	01:04:59	00:43:31	00:55:05
32	123	David Flatman	40+ Men	MK Lakeside Runners	12	06:27:07						
33	4	Tim Adams	Men Open	-	16	06:27:46	01:02:19	01:21:21	01:14:29	01:07:28	00:44:11	00:57:58
34	288	Steven Reid	40+ Men	-	14	06:28:02	01:02:55	01:20:48	01:12:29	01:06:07	00:42:51	01:02:52
35	216	Peter Mack	40+ Men	Crystal Palace Triathletes	15	06:28:12	01:05:52	01:22:01	01:13:32	01:06:12	00:44:03	00:56:32
36	234	Rebecca Mingo	Women Open	Bere Alston Trekkers	5	06:29:01	01:08:05	01:24:45	01:21:50	01:01:35	00:40:03	00:52:43
37	49	Sarah Burns	Women Open	Bere Alston Trekkers	6	06:29:03	01:08:04	01:24:47	01:21:50	01:01:36	00:40:02	00:52:44

38	324	Will Stockton	Men Open	-	17	06:29:06	01:07:00	01:29:21	01:16:57	01:03:36	00:40:35	00:51:37
39	344	Tony Trundley	40+ Men	Collingwood AC	16	06:29:09	01:02:41	01:20:59	01:16:19	01:07:40	00:43:51	00:57:39
40	139	Jamie Goodhead	40+ Men	Mid Sussex Triathlon Club	17	06:31:39	01:05:49	01:24:45	01:16:54	01:05:10	00:42:22	00:56:39
41	351	Eric Van Caster	40+ Men	-	18	06:32:40	01:12:39	01:28:58	01:15:28	01:03:08	00:39:17	00:53:10
42	88	Leslie Cupis	50+ Men	Ryde Harriers	2	06:34:44	01:03:41	01:19:46	01:16:15	01:04:03	00:46:40	01:04:19
43	230	Josh Merrett	Men Open	-	19	06:35:59	01:07:12	01:23:41	01:17:44	01:04:54	00:43:47	00:58:41
44	206	Samantha Lake	Women Open	Bere Alston Trekkers	8	06:36:17	01:08:59	01:27:35	01:16:43	01:02:20	00:41:29	00:59:11
45	76	Tim Cook	Men Open	-	20	06:38:47	01:07:48	01:24:08	01:16:32	01:09:35	00:41:12	00:59:32
46	301	Jonathan Sarkies	40+ Men	Rugby & Northampton Ac	19	06:39:23	01:07:26	01:26:36	01:19:47	01:06:55	00:43:21	00:55:18
47	254	Dean Oldfield	Men Open	Rugby And Northampton Ac	21	06:39:25	01:07:24	01:26:36	01:19:48	01:06:49	00:43:27	00:55:21
48	33	Russ Bestley	50+ Men	100 Marathon Club	3	06:40:37	01:05:32	01:25:09	01:19:49	01:07:13	00:45:41	00:57:13
49	82	Simon Cowie	Men Open	-	22	06:40:50						
50	154	Dan Gritton	40+ Men	Fetch	20	06:42:06	01:02:21	01:21:20	01:16:36	01:10:04	00:51:45	01:00:00
51	93	Jonathan Davies	40+ Men	Datchet Dashers	21	06:42:21	01:05:02	01:34:40	01:19:14	01:06:39	00:41:19	00:55:27
52	247	Andy Neill	40+ Men	Tring	22	06:43:44	01:05:02	01:24:50	01:18:28	01:10:04	00:43:22	01:01:58
53	193	Richard Kell	40+ Men	RRC / 9bar	23	06:47:35	01:05:10	01:24:26	01:24:59	01:09:32	00:43:11	01:00:17
54	228	Bruce Mclaren	40+ Men	Ranelagh Harriers	24	06:50:01	01:09:34	01:24:59	01:20:49	01:08:43	00:45:08	01:00:48
55	242	Stephanie Muzzall	Women Open	Wimbledon Windmilers	9	06:50:17	01:13:00	01:34:21	01:23:19	01:03:25	00:40:08	00:56:04
56	130	Ian Franklin	40+ Men	-	25	06:50:55	01:10:58	01:25:40	01:18:13	01:09:25	00:46:18	01:00:21
57	91	Ralph Dadswell	50+ Men	Ealing Eagles Running Club	4	06:52:26	01:15:26	01:29:18	01:18:31	01:08:14	00:41:35	00:59:22
58	112	Mark Farthing	40+ Men	Leigh-On-Sea	26	06:53:59	01:05:24	01:21:49	01:18:41	01:25:29	00:45:16	00:57:20
59	385	James Wilson	40+ Men	-	27	06:54:05	01:10:57	01:30:28	01:19:22	01:09:16	00:43:02	01:01:00
60	63	Susie Chan	Women Open	Farnham Runners	10	06:55:01	01:14:33	01:34:41	01:24:19	01:04:30	00:43:55	00:53:03
61	311	Cat Simpson	Women Open	Sheen Shufflers	11	06:55:03	01:14:35	01:34:42	01:24:19	01:04:33	00:43:50	00:53:04
62	26	Paul Beechey	Men Open	-	23	06:55:18	01:13:22	01:34:13	01:31:51	01:02:19	00:40:43	00:52:50
63	353	Phil Vibert	40+ Men	-	28	06:57:41	01:13:15	01:28:20	01:26:30	01:03:32	00:42:31	01:03:33
64	51	Martin Burton	40+ Men	-	29	07:00:30	01:12:44	01:34:30	01:22:55	01:11:19	00:42:15	00:56:47
65	381	Bobby Willett	Men Open		24	07:01:05						
66	162	Nigel Harrison	40+ Men	Ipswich Jaffa	30	07:01:17	01:09:12	01:31:00	01:28:48	01:09:07	00:42:37	01:00:33
67	197	Maria Kerr	40+ Women	Tring	1	07:02:05	01:14:12	01:33:42	01:22:53	01:09:02	00:42:33	00:59:43
68	144	Johnny Graham	40+ Men	Oxford Tri	31	07:04:01	01:08:34	01:29:52	01:24:58	01:11:40	00:46:16	01:02:41
69	73	Chris Collins	Men Open	-	25	07:04:03	01:07:38	01:25:52	01:26:54	01:21:18	00:44:13	00:58:08
70	278	James Quinn	40+ Men	Serpentine RC	32	07:04:09	01:05:35	01:24:00	01:18:31	01:12:23	00:53:05	01:10:35
71	148	Bryn Green	50+ Men	Ten-point Blackfish	5	07:04:31	01:10:26	01:27:39	01:20:11	01:16:26	00:49:17	01:00:32
72	119	Scott Filmer	Men Open	-	26	07:04:34	01:14:28	01:38:10	01:28:56	01:07:40	00:41:51	00:53:29
73	383	Richard Williams	Men Open	-	27	07:04:38	01:25:21	01:37:58	01:27:54	01:00:21	00:38:39	00:54:25
74	200	Cameron Kirkwood	Men Open	-	28	07:05:09	01:02:21	01:21:49	01:19:00	01:34:33	00:46:00	01:01:26
75	50	Alexander Paul Burton	Men Open	St. Mary's Richmond Athletics	29	07:08:50	01:27:30	01:28:59	01:15:48	01:08:05	00:45:22	01:03:06
76	56	Mark Buxton	Men Open	-	30	07:10:13	01:05:24	01:22:32	01:26:03	01:20:20	00:48:29	01:07:25
77	109	Gareth Evans	Men Open	-	31	07:10:22	01:10:38	01:27:24	01:24:01	01:18:41	00:46:15	01:03:23
78	393	Sean Williams	40+ Men	-	33	07:11:06	01:06:20	01:23:29	01:25:16	01:20:47	00:54:31	01:00:43
79	237	Peter Moffat	Men Open	-	32	07:13:49	01:14:14	01:38:21	01:29:02	01:07:37	00:42:12	01:02:23
80	163	Daniel Hart	Men Open	Portsmouth Joggers	33	07:14:37	01:09:02	01:28:51	01:31:32	01:11:54	00:47:33	01:05:45
81	158	Paul Gunner	50+ Men	-	6	07:15:03	01:14:48	01:41:57	01:28:51	01:09:01	00:42:19	00:58:07

82	348	Stephen Turner	50+ Men	LDWA	7	07:15:40	01:15:00	01:37:41	01:29:15	01:10:43	00:43:23	00:59:38
83	308	Drew Sheffield	Men Open	Centurian Ultra Team	34	07:17:01	01:03:15	01:22:45	01:21:10	01:31:38	00:56:46	01:01:27
84	3	James Adams	Men Open	-	35	07:17:03	01:04:14	01:28:21	01:27:46	01:18:33	00:48:36	01:09:33
85	309	Claire Shelley	Women Open	-	12	07:17:06	01:03:18	01:22:45	01:21:31	01:31:17	00:56:40	01:01:35
86	227	Doc Mckerr	Men Open	-	36	07:17:11	01:10:51	01:27:32	01:25:06	01:12:12	00:51:12	01:10:18
87	355	Ella Waddingham	Women Open	Wimbledon Windmilers	13	07:17:27	01:22:19	01:43:19	01:26:45	01:04:50	00:42:47	00:57:27
88	165	Philip Haylett	Men Open	Didcot Runners	37	07:17:34	01:13:50	01:35:17	01:23:52	01:13:27	00:45:54	01:05:14
89	124	Alistair Flowers	Men Open	Harrow Ac	38	07:17:51	01:09:07	01:35:31	01:29:33	01:15:20	00:47:24	01:00:56
90	241	Brent Mullane	40+ Men	-	34	07:21:33	01:09:45	01:27:50	01:28:45	01:15:03	00:51:15	01:08:55
91	80	Duncan Cornish	40+ Men	Stourbridge	35	07:22:18	01:18:47	01:40:09	01:27:01	01:11:24	00:44:18	01:00:39
92	23	Daniel Bateman	40+ Men	-	36	07:22:20	01:18:53	01:41:34	01:28:57	01:10:39	00:44:23	00:57:54
93	11	Nuno Andrade	Men Open	East End Road Runners	39	07:23:37	01:20:23	02:03:45	01:23:23	01:05:46	00:39:43	00:50:37
94	375	Robert Whitmarsh	Men Open	Serpentine RC	40	07:23:49	01:06:56	01:29:33	01:19:41	01:19:20	00:54:13	01:14:06
95	271	Trevor Poole	Men Open	Ciltren Harriers	41	07:24:17	01:09:08	01:35:34	01:29:44	01:15:03	00:49:44	01:05:04
96	170	Paula Hewitt	40+ Women	Elmbridge Road Runners	2	07:26:43	01:19:50	01:40:53	01:28:39	01:10:12	00:45:10	01:01:59
97	223	Nick Mayers	40+ Men	-	13	07:27:22	00:15:26	01:42:42	01:30:38	01:12:03	00:43:38	01:02:55
98	297	Nigel Rothwell	40+ Men	The Stragglers	37	07:27:22	01:09:09	01:28:40	01:28:54	01:17:29	00:51:16	01:11:54
99	13	Sharon Austin	40+ Women	-	3	07:29:41	01:22:08	01:38:14	01:32:07	01:10:33	00:42:21	01:04:18
100	182	James Humphries	Men Open	-	42	07:31:14	01:13:03	01:34:21	01:32:22	01:14:47	00:49:47	01:06:54
101	204	Wataru Kurishima	Women Open	-	14	07:32:01	01:18:16	01:38:42	01:26:13	01:14:29	00:51:01	01:03:20
102	100	Ian Duxbury	Men Open	-	43	07:32:29	01:13:15	01:35:47	01:21:39	01:19:17	00:49:19	01:13:12
103	245	Jon Naylor	40+ Men	-	38	07:34:13	01:19:24	01:39:43	01:25:14	01:12:44	00:49:35	01:07:33
104	151	Matthew Griffiths	40+ Men	-	39	07:34:21	01:12:24	01:35:44	01:25:15	01:24:19	00:48:42	01:07:57
105	129	Emily Foy	Women Open		15	07:34:36						
106	24	Justin Bateman	40+ Men	-	40	07:35:25	01:15:06	01:39:34	01:31:50	01:16:44	00:49:25	01:02:46
107	6	Richard Adcock	40+ Men	Valley Striders AC	41	07:37:23	01:16:46	01:42:44	01:27:35	01:17:14	00:47:44	01:05:20
108	314	Mark Skelly	40+ Men	Orpington Road Runners	42	07:37:36	01:27:00	01:42:56	01:31:36	01:07:07	00:45:15	01:03:42
109	273	Phillip Price	Men Open	-	44	07:37:39	01:36:56	01:42:26	01:22:13	01:07:07	00:45:15	01:03:42
110	248	Mark Nicholls	Men Open	-	45	07:37:48	01:27:09	01:42:53	01:31:37	01:10:22	00:44:12	01:01:35
111	153	Jay Grigson	Men Open	-	46	07:38:02	01:10:41	01:29:20	01:29:43	01:29:59	00:51:38	01:06:41
112	235	Phillip Minns	40+ Men	Eerr	43	07:39:49	01:20:21	02:03:48	01:23:23	01:05:46	00:44:15	01:02:16
113	128	Laura Fountain	Women Open	Serpentine	15	07:40:02	01:20:31	01:47:48	01:33:23	01:17:27	00:42:30	00:58:23
114	272	John Power	Men Open	-	47	07:43:32	01:14:13	01:34:05	01:37:00	01:18:54	00:53:28	01:05:52
115	317	Wayne Smith	Men Open	-	48	07:44:06	01:16:06	01:41:49	01:35:29	01:19:06	00:48:28	01:03:08
116	54	Robin Butler	40+ Men	Ashford & District Rrc	44	07:44:47	01:13:07	01:28:24	01:27:34	01:19:02	00:54:50	01:21:50
117	187	Matthew Jeary	40+ Men	-	45	07:44:50	01:19:33	01:46:36	01:35:44	01:11:20	00:47:21	01:04:16
118	95	Rachel Dench	Women Open	Tri King	16	07:45:39	01:10:48	01:34:00	01:38:23	01:21:10	00:53:15	01:08:03
119	138	Emma Goodhead	40+ Women	Mid Sussex Triathlon Club	4	07:45:40	01:12:55	01:36:07	01:32:17	01:23:01	00:53:16	01:08:04
120	15	Duncan Baber	50+ Men	-	8	07:48:06	01:27:42	01:46:31	01:30:11	01:16:50	00:47:31	00:59:21
121	293	Patrick Romano	Men Open	-	49	07:49:27	01:12:53	01:34:52	01:25:34	01:23:37	00:57:35	01:14:56
122	231	Liam Mifsud	40+ Men	-	46	07:49:28	01:14:55	01:38:56	01:30:26	01:21:18	00:49:10	01:14:43
123	115	John Fenwick	60+ Men	Blackheath&bromley Harriers	1	07:49:50	01:27:14	01:42:44	01:32:19	01:10:48	00:48:00	01:08:45
124	208	Rob Langford-Lee	40+ Men	Gravesend Road Runners	47	07:51:18	01:18:50	01:41:31	01:32:04	01:19:31	00:49:37	01:09:45
125	37	Richard Boardman	50+ Men	-	9	07:51:26	01:19:26	01:42:43	01:32:18	01:17:44	00:49:33	01:09:42

126	192	Piers Keenleyside	50+ Men	Ealing Eagles	10	07:53:10	01:11:09	02:08:11	01:26:48	01:13:46	00:49:43	01:03:33
127	102	Greg Edwards	40+ Men	-	48	07:53:22	01:24:42	01:40:52	01:27:56	01:20:12	00:53:09	01:06:31
128	85	Matthew Cranham	Men Open	Skelmersdale Boundary Harriers	50	07:53:51	01:22:39	01:41:06	01:38:54	01:21:33	00:45:23	01:04:16
129	202	Ian Knight	40+ Men	-	49	07:53:52	01:22:40	01:41:07	01:38:46	01:21:43	00:45:18	01:04:18
130	260	Matt Pannell	50+ Men	-	11	07:54:20	01:10:48	01:34:06	01:35:54	01:27:20	00:52:04	01:14:08
131	70	Trevor Collett	40+ Men	-	50	07:54:41	01:12:22	01:35:49	01:36:32	01:26:29	00:50:00	01:13:29
132	304	Emily Schmidt	Women Open	Ealing Eagles Running Club	17	07:55:19	01:25:28	01:48:26	01:32:19	01:14:25	00:48:45	01:05:56
133	374	Martin White	Men Open	Ealing Eagles	51	07:55:22	01:25:33	01:48:25	01:32:12	01:14:31	00:48:41	01:06:00
134	219	Christian Maleedy	Men Open	-	52	07:55:38	01:15:10	01:34:43	01:37:10	01:26:15	00:54:19	01:08:01
135	334	Mark Thompson	40+ Men	Slinn Allstars	51	07:55:39	01:14:17	01:36:26	01:41:31	01:24:00	00:52:32	01:06:53
136	294	Vincent Ropers	Men Open	-	53	07:55:54	01:24:57	01:45:35	01:28:51	01:17:16	00:48:17	01:10:58
137	340	Jean Tournaire	Men Open	-	54	07:58:32						
138	32	Sally Besley	40+ Women	-	5	08:00:40	01:20:34	01:45:50	01:35:33	01:23:16	00:48:24	01:07:03
139	27	Dave Benison	Men Open	-	55	08:00:42	01:24:54	01:45:16	01:36:18	01:18:50	00:48:16	01:07:08
140	122	John Fitzgerald	40+ Men	Bosh Run	52	08:00:49	01:24:52	01:40:40	01:30:34	01:20:07	00:54:35	01:10:01
141	155	Krasimir Gueorguiev	40+ Men	-	53	08:01:04	01:14:12	01:34:04	01:35:54	01:21:22	00:55:10	01:20:22
142	38	Leon Bosch	50+ Men	Tring Running Club	12	08:02:04	01:14:50	01:43:02	01:35:10	01:28:49	00:52:40	01:07:33
143	280	Ira Rainey	40+ Men	Bitton Road Runners	54	08:03:45	01:29:18	01:44:58	01:31:33	01:19:16	00:55:23	01:03:17
144	303	Rudi Schlenker	Men Open	-	56	08:03:46	01:29:28	01:44:52	01:31:31	01:20:47	00:53:31	01:03:37
145	106	Peter Elms	Men Open	-	57	08:04:09	01:19:36	01:46:31	01:35:44	01:17:23	00:53:06	01:11:49
146	171	Andy Hicklin	40+ Men	-	55	08:04:18	01:19:28	02:05:54	01:29:25	01:21:50	00:43:40	01:04:01
147	121	Travis Fish	Men Open	Run Dem Crew	58	08:04:23	01:14:20	01:40:19	01:38:54	01:23:17	00:56:07	01:11:26
148	201	Burkhard Kloss	40+ Men	Garden City Runners	56	08:07:02	01:21:22	01:44:00	01:38:58	01:14:21	00:52:41	01:15:40
149	226	David Mchale	Men Open	-	59	08:07:04	01:25:51	01:52:24	01:30:51	01:18:59	00:52:25	01:06:34
150	10	Duncan Anderson	40+ Men	Bracknell Forest Runners	57	08:07:25	01:20:46	01:44:33	01:30:52	01:23:29	00:54:01	01:13:44
151	217	Nicholas Maggiulli	40+ Men	Serpentine	58	08:08:51	01:22:20	01:43:21	01:33:40	01:19:24	00:55:01	01:15:05
152	107	Rose Enright	Women Open	-	18	08:09:37	01:25:16	01:44:51	01:40:27	01:24:09	00:47:55	01:06:59
153	45	Neil Buckley	40+ Men	Ashford And District Road Runn	59	08:09:55	01:13:21	01:34:12	01:31:29	01:28:02	01:02:07	01:20:44
154	320	Jan Soderkvist	50+ Men	-	13	08:10:06	01:18:57	01:45:52	01:32:32	01:25:50	01:03:20	01:03:35
155	17	Michael Baldock	60+ Men	Datchet Dashers	2	08:10:50	01:14:50	01:41:57	01:36:06	01:25:51	00:58:14	01:13:52
156	55	Matthew Button	40+ Men	-	60	08:10:55	01:27:50	01:47:08	01:35:02	01:17:47	00:53:30	01:09:38
157	108	Deborah Enting	Women Open	Sherfield Park Runners	19	08:11:13	01:29:47	01:52:11	01:31:44	01:26:16	00:46:52	01:04:23
158	125	Patrick Flynn	Men Open	-	60	08:12:02	01:18:26	02:09:11	01:33:14	01:18:34	00:49:20	01:03:17
159	347	Joanna Turner	40+ Women	-	6	08:12:22	01:23:37	01:51:15	01:41:52	01:20:08	00:50:51	01:04:39
160	323	Derek Sprenger	50+ Men	Datchetdashers	14	08:12:42	01:19:27	01:41:49	01:47:54	01:19:15	00:50:17	01:14:00
161	14	Louise Ayling	40+ Women	Wimbledon Windmilers	7	08:13:19	01:29:33	01:50:35	01:38:16	01:16:12	00:49:20	01:09:23
162	2	Neil Absolom	40+ Men	Purple Patch Runners	61	08:13:45	01:22:13	01:43:48	01:35:00	01:27:00	00:53:41	01:12:03
163	335	Luke Thorn	Men Open	-	61	08:14:36	01:27:55	01:42:40	01:35:28	01:11:46	01:07:34	01:09:13
164	372	Matt Whale	40+ Men	-	62	08:14:44	01:27:57	01:42:42	01:35:37	01:18:29	01:02:29	01:07:30
165	350	Mark Underwood	Men Open	-	62	08:15:08	01:25:00	01:44:54	01:36:31	01:21:39	00:55:26	01:11:38
166	269	Stuart Pinnington	Women Open	-	20	08:15:10	01:22:16	01:48:06	01:39:46	01:27:26	00:51:08	01:06:28
167	150	Mark Grenyer	Men Open	-	63	08:15:27	01:22:06	01:48:21	01:39:38	01:27:27	00:51:06	01:06:49
168	127	Susan Foot	60+ Women	North Herts Road Runners	1	08:15:31	01:23:28	01:50:05	01:38:44	01:22:05	00:50:02	01:11:07
169	281	Alex Randall	Men Open	-	64	08:16:07	01:21:21	01:39:58	01:38:35	01:25:58	00:56:19	01:13:56

170	81	Charlie Coupland	Men Open	-	65	08:16:26	01:20:14	02:03:44	01:31:56	01:31:22	00:50:01	00:59:09
171	378	Garin Wilby	40+ Men	Banbury Harriers	63	08:16:52	01:19:45	01:41:00	01:33:08	01:29:53	00:54:44	01:18:22
172	116	Rebecca Ferry	Women Open	-	21	08:16:54	01:15:06	01:41:46	01:36:57	01:29:58	00:54:47	01:18:20
173	249	Tom Nickalls	Men Open	-	66	08:16:58	01:21:21	01:39:59	01:38:40	01:25:57	00:56:16	01:14:45
174	181	Steven Howliston	40+ Men	-	64	08:17:16	01:12:06	01:32:55	01:55:51	01:29:32	00:52:38	01:14:14
175	104	David Elliott	40+ Men	-	65	08:18:49	01:13:23	01:40:13	01:40:33	01:25:57	01:00:54	01:17:49
176	205	James Kyriacopoulos	Men Open	-	67	08:18:51	01:14:13	01:39:31	01:39:50	01:26:00	01:01:06	01:18:11
177	67	Simon Clarke	40+ Men	-	66	08:18:56	01:14:17	01:39:29	01:40:20	01:25:41	01:01:02	01:18:07
178	61	James Carroll	Men Open	-	68	08:19:03	01:20:13	02:03:45	01:31:54	01:31:24	00:50:03	01:01:44
179	319	Antony Smith	40+ Men	-	67	08:19:07	01:12:01	01:32:11	01:42:16	01:40:28	00:57:22	01:14:49
180	239	Ian Montgomery	40+ Men	Blackheath & Bromley AC	68	08:21:20	01:27:04	01:43:00	01:40:37	01:21:19	00:52:55	01:16:25
181	194	Gary Kelly	60+ Men	Buckingham + Stowe	3	08:22:12	01:16:29	01:48:13	01:42:05	01:25:18	00:54:50	01:15:17
182	169	Paul Henderson	Men Open	Hailsham Harriers	69	08:22:13	01:16:30	02:07:43	01:38:13	01:17:20	00:55:39	01:06:48
183	364	Graham Wardle	Men Open	-	70	08:22:52						
184	141	Nigel Gordon-Johnson	40+ Men	Hailsham Harriers	69	08:23:10	01:10:17	02:13:46	01:31:54	01:28:33	00:57:31	01:01:09
185	343	guy Travers	40+ Men	WDAC	70	08:23:38						
186	388	Piers Woolston	50+ Men	Ealing Eagles Running Club	15	08:24:01	01:15:01	01:41:36	01:46:04	01:28:25	00:56:16	01:16:39
187	270	Stewart Pittam	40+ Men	-	71	08:24:16	01:18:33	01:45:26	01:37:16	01:29:54	00:53:44	01:19:23
188	16	Chris Baker	Men Open	-	71	08:25:07	01:29:39	01:45:17	01:40:42	01:23:17	00:51:24	01:14:48
189	86	Chris Cripps	Men Open	Stotfold Runners	72	08:25:17	01:27:21	01:47:34	01:40:45	01:23:17	00:51:20	01:15:00
190	66	David Clark	40+ Men	-	72	08:25:32	01:24:41	01:49:20	01:42:36	01:21:54	00:53:10	01:13:51
191	386	Matt Wilson	Men Open	-	73	08:25:38	01:32:34	01:49:26	01:35:38	01:20:53	00:53:05	01:14:02
192	379	Bob Wild	40+ Men	Thanet Roadrunners	73	08:26:05	01:21:54	01:47:59	01:45:51	01:28:31	00:56:09	01:05:41
193	126	Paul Follett	40+ Men	-	74	08:26:13	01:26:00	01:51:02	01:42:57	01:25:26	00:51:08	01:09:40
194	157	Jane Guidon	Women Open	-	22	08:26:18	01:29:45	01:49:54	01:37:29	01:28:35	00:50:52	01:09:43
195	253	Paul Ogden	50+ Men	Serpentine	16	08:26:28	01:23:58	01:46:16	01:47:20	01:25:57	00:52:27	01:10:30
196	64	Oliver Chappatte	50+ Men	Tunbridge Wells Harriers	17	08:26:39	01:25:16	01:52:53	01:38:26	01:21:58	00:54:14	01:13:52
197	99	Helen Durance	Women Open	St Albans Striders	23	08:28:02	01:29:13	01:52:14	01:40:53	01:23:02	00:52:16	01:10:24
198	98	Richard Durance	60+ Men	Holme Pierrepont RC	4	08:28:04	01:29:01	01:52:28	01:40:52	01:23:03	00:52:16	01:10:24
199	380	Nick Wilkinson	Men Open	-	74	08:28:09	01:16:37	01:48:22	01:42:27	01:26:27	00:57:45	01:16:31
200	371	Tarne Westcott	Men Open	-	75	08:28:23	01:25:12	01:40:46	01:38:41	01:25:42	00:55:59	01:22:03
201	236	Dharmesh Mistry	40+ Men	-	75	08:28:23	01:25:21	01:40:39	01:38:56	01:25:05	00:56:25	01:21:57
202	329	Matthew Sutton	Men Open	Great Yarmouth Road Runners	76	08:30:39			01:48:38	01:23:55	00:50:57	01:21:46
203	207	Torquil Landen	50+ Men	-	18	08:30:44	01:25:56	02:08:41	01:45:54	01:18:32	00:50:19	01:01:22
204	19	Nicholas Barlow	40+ Men	Thame Runners	76	08:31:48	01:14:38	02:11:17	01:36:00	01:29:35	00:55:20	01:04:58
205	75	Matthew Conrad-Jones	40+ Men	-	77	08:33:23	01:12:04	01:44:51	01:52:21	01:28:32	00:59:42	01:15:53
206	35	Stephen Bignell	40+ Men	-	78	08:33:45	01:19:46	01:43:04	01:59:37	01:28:20	00:52:41	01:10:17
207	257	Kevin O'reilly	50+ Men	WDAC	19	08:34:46	01:37:57	01:56:22	01:46:33	01:18:22	00:50:43	01:04:49
208	203	Marcin Krzysztofik	Men Open	-	77	08:35:06	01:16:34	01:50:55	01:55:28	01:28:54	00:53:34	01:09:41
209	69	Rory Coleman	50+ Men	-	20	08:35:46	01:30:43	01:51:10	01:35:47	01:22:27	00:56:54	01:18:45
210	168	Kate Heffer	40+ Women	Liss Runners	8	08:35:50	01:30:42	01:51:13	01:35:48	01:22:23	00:56:58	01:18:46
211	315	Tim Smee	50+ Men	-	21	08:36:01	01:19:31	01:53:01	01:49:31	01:32:52	00:49:56	01:11:10
212	140	Alexander Gordon	Men Open	-	78	08:36:09	01:32:03	01:52:11	01:37:02	01:26:43	00:53:33	01:14:37
213	361	Jim Wallace	50+ Men	-	22	08:36:16	01:32:08	01:52:10	01:36:42	01:26:58	00:53:43	01:14:35

214	183	Adam Hunt	Men Open	-	79	08:36:21	01:32:03	01:52:13	01:36:51	01:26:54	00:53:33	01:14:47
215	175	Mike Hogan	40+ Men	-	79	08:36:22	01:10:35	01:50:26	01:55:10	01:34:59	00:55:07	01:10:05
216	252	Andrew Odonnell	Men Open	-	80	08:36:25	01:33:34	01:50:49	01:36:56	01:26:47	00:53:32	01:14:47
217	172	Stephen Hickman	50+ Men	Isle Of Wight RRC	23	08:37:52	01:27:03	01:47:21	01:39:41	01:29:57	00:57:16	01:16:34
218	246	Martin Neal	40+ Men	Ropsley Road Runners	80	08:38:48	01:25:53	01:51:15	01:40:41	01:27:16	00:57:55	01:15:48
219	295	Paul Rose	50+ Men	Silson Joggers	24	08:38:50	01:25:52	01:51:18	01:40:37	01:27:17	00:57:59	01:15:47
220	332	Chris Tavener	40+ Men	-	81	08:40:42	01:20:45	01:43:59	01:49:30	01:33:00	00:59:58	01:13:30
221	120	Sharon Firmin	40+ Women	-	9	08:41:02	01:19:38	01:48:52	01:45:07	01:30:44	00:56:36	01:20:05
222	117	Michael Fetherstone	50+ Men	-	25	08:41:14	01:26:53	01:49:48	01:36:57	01:30:43	00:56:36	01:20:17
223	218	Andrew Maher	40+ Men	St.albans Striders	82	08:42:55	01:29:15	01:52:20	01:43:43	01:25:37	00:56:30	01:15:30
224	209	Andrew Law	Men Open	-	81	08:44:32	01:33:24	01:49:07	01:39:13	01:36:46	00:48:32	01:17:30
225	18	Brad Barber	Men Open	-	82	08:46:17	01:20:29	01:48:10	01:46:53	01:40:31	00:55:42	01:14:32
226	132	Phil Gatsky	40+ Men	Trail RA	83	08:46:27	01:25:04	01:55:10	01:49:00	01:31:42	00:51:54	01:13:37
227	256	Micky Orahilly	40+ Men	-	84	08:47:12	01:24:42	01:50:02	01:41:29	01:32:47	00:58:20	01:19:52
228	243	Paul Nathan	40+ Men	-	85	08:47:14	01:27:11	01:44:28	01:39:25	01:32:17	01:00:43	01:23:10
229	338	Andy Tibbett	Men Open	-	83	08:47:42	01:20:32	01:47:52	01:47:09	01:42:49	00:53:53	01:15:27
230	316	David Smith	40+ Men	-	86	08:47:43	01:27:12	01:46:56	01:46:07	01:28:49	00:58:26	01:20:13
231	240	Stephen Morris	40+ Men	-	86	08:47:43						
232	251	Michael Nowicki	Men Open	Maidstone Harriers	84	08:47:43	01:21:59	01:44:28	01:39:50	01:29:34	00:59:35	01:32:17
233	377	Denise Whyte	50+ Women	-	1	08:47:52			01:46:16	01:26:37	00:54:08	01:15:41
234	376	Jon Whyte	50+ Men	-	26	08:47:55	01:30:01	01:55:10	01:46:16	01:26:38	00:54:08	01:15:42
235	369	Simon Welch	40+ Men	-	88	08:48:11	01:23:40	01:51:23	01:42:54	01:29:04	00:59:23	01:21:47
236	160	Philip Hall	Men Open	-	85	08:48:15	01:23:36	01:51:28	01:42:57	01:29:02	00:59:18	01:21:54
237	284	Lisa Redman	40+ Women	Newmarket Cycling And Triathlo	10	08:48:44	01:16:42	01:48:19	01:46:13	01:30:02	01:05:17	01:22:11
238	363	Richard Ward	Men Open	-	86	08:48:48	01:11:22	01:54:52	01:44:55	01:32:05	00:59:44	01:25:50
239	34	Krista Bibbings	Women Open	-	24	08:51:02	01:30:19	01:51:48	01:57:34	01:22:50	00:51:55	01:16:36
240	358	Julia Walker	40+ Women	-	11	08:51:09	01:30:30	01:55:58	01:48:37	01:28:18	00:53:07	01:14:39
241	164	Anna Hatton	40+ Women	100 Marathon Club	11	08:51:09	01:27:48	01:58:03	01:49:10	01:27:28	00:54:00	01:14:40
242	136	Bevan Gibson	Men Open	-	87	08:51:25	01:24:52	01:49:14	02:04:56	01:19:49	00:56:55	01:15:39
243	258	Dave Painter	40+ Men	-	89	08:51:33	01:27:40	01:48:58	01:50:06	01:32:02	00:56:58	01:15:49
244	292	Edward Rodger	50+ Men	Ashford And District Road Runn	27	08:51:39	01:18:23	01:48:41	01:41:56	01:35:37	01:12:14	01:14:48
245	22	Kingsley Basson	40+ Men	Tring	90	08:56:35	01:27:49	01:53:26	01:44:34	01:36:39	00:55:39	01:18:28
246	189	Simon Jessop	40+ Men	Tring Running Club	91	08:56:41	01:27:53	01:53:12	01:44:45	01:36:18	00:55:56	01:18:37
247	188	Colin Jeffs	40+ Men	-	92	08:56:48	01:28:08	01:53:05	01:44:43	01:36:25	00:55:41	01:18:46
248	142	Ian Gower	40+ Men	-	93	08:56:50	01:28:09	01:53:01	01:44:43	01:36:22	00:55:54	01:18:41
249	346	Rupert Turnbull	40+ Men	-	94	08:58:43	01:19:31	01:55:14	01:51:51	01:35:05	00:58:00	01:19:02
250	285	Sam Reed	Men Open	-	88	08:58:55	01:27:22	01:45:12	01:43:12	01:37:34	00:58:26	01:27:09
251	159	Laura Gush	Women Open	-	25	08:59:16	01:26:46	01:54:57	01:49:02	01:25:49	01:06:31	01:16:11
252	213	Alan Li	Men Open	Science Ninja Team Gatchaman	89	08:59:18	01:26:47	01:54:52	01:49:02	01:25:57	01:06:22	01:16:18
253	262	Michelle Payne	40+ Women	Leigh On Sea Striders	13	08:59:23	01:26:50	01:55:12	01:49:03	01:26:03	01:06:03	01:16:12
254	103	Roderick Elder	50+ Men	Tri-Force	28	09:01:21	01:28:31	01:52:13	01:53:45	01:34:37	00:54:29	01:17:46
255	79	John Cooper	50+ Men	Canterbury Harriers	29	09:03:30	01:27:16	01:56:15	01:49:32	01:28:11	00:52:15	01:30:01
256	43	Nathan Bradley	Men Open	Canterbury Harriers	90	09:03:31	01:27:16	01:56:14	01:49:03	01:28:27	00:51:55	01:30:36
257	290	Lee Robinson	Men Open	Sussex Trail Events Ultra Team	91	09:07:00	01:18:09	02:11:54	01:34:30	01:30:09	01:00:59	01:31:19

258	221	Jamie Martin	Men Open	-	92	09:08:02	01:19:23	01:51:22	01:45:21	01:40:23	01:02:24	01:29:09
259	390	Chris Worton	40+ Men	Marshall Milton Keynes AC	95	09:08:04	01:19:48	01:50:03	01:44:53	01:39:56	01:04:17	01:29:07
260	36	Mark Bissett	40+ Men	Gordonian Runners	96	09:08:22	01:15:14	03:12:53	01:33:24	01:16:07	00:46:11	01:04:33
261	264	Christopher Phillips	Men Open	-	93	09:11:36	01:18:12	02:07:55	01:46:41	01:40:58	01:01:00	01:16:50
262	134	Annelies Gerber	40+ Women	Stopsley Striders	14	09:12:14	01:42:41	02:07:44	01:42:36	01:25:13	00:57:26	01:16:34
263	58	Fiona Cameron	50+ Women	Trail Running Association	2	09:13:00	01:19:38	02:01:43	01:47:55	01:38:50	00:58:25	01:26:29
264	310	Imke Siegerist	40+ Women	-	15	09:18:32	01:27:44	02:03:56	01:48:15	01:37:39	00:57:59	01:22:59
265	146	Alan Gray	Men Open	Datchet Dashers	94	09:18:54	01:18:08	01:50:56	01:58:02	01:35:54	01:09:18	01:26:36
266	72	Andy Collings	40+ Men	Tring Running Club	97	09:22:31	01:21:53	01:40:10	01:46:05	01:44:58	01:09:29	01:39:56
267	222	Ian Mawdesley	Men Open	MPAC	95	09:22:32	01:21:45	01:40:19	01:45:46	01:45:09	01:09:33	01:40:00
268	178	Lin Holley	50+ Women	TRA.UK	3	09:26:22	01:27:36	01:58:09	01:51:32	01:33:50	01:04:46	01:30:29
269	135	Mark Gibson	Men Open	-	96	09:26:29	01:34:31	02:01:25	01:46:19	01:31:12	01:02:29	01:30:33
270	101	Philippe Ecaille	40+ Men	Burgess Hill Runners	98	09:31:18	01:33:58	02:02:03	01:57:14	01:34:59	01:01:42	01:21:22
271	224	Nichola Mcalpine	Women Open	-	26	09:31:24	01:34:34	02:01:24	01:59:33	01:32:55	01:01:43	01:21:15
272	339	Richard Tickner	50+ Men	Hailsham Harriers	30	09:31:28	01:23:50	02:12:02	01:57:26	01:34:53	01:01:54	01:21:23
273	92	Mick Davidson	50+ Men	Road Runners Club	31	09:33:17	01:46:49	02:06:50	01:47:48	01:30:03	01:02:23	01:19:24
274	5	David Adams	Men Open	-	97	09:36:12	01:32:18	01:54:08	01:48:58	01:41:57	01:05:01	01:33:50
275	275	John Pritchard	Men Open	-	98	09:36:16	01:32:19	01:54:15	01:48:46	01:42:00		
276	389	Andrew Worsley-Tonks	Men Open	-	99	09:37:56	01:36:58	01:58:02	01:51:51	01:36:51	01:04:09	01:30:05
277	149	Matthew Green	Men Open	-	100	09:38:01	01:36:53	01:57:57	01:51:52	01:36:58	01:04:24	01:29:57
278	156	Alex Guerandel	40+ Men	-	99	09:38:06	01:32:35	02:02:27	01:51:59	01:36:38	01:04:06	01:30:21
279	143	Richard Gower	Men Open	-	101	09:49:42	01:13:18	01:53:22	01:54:49	01:42:00	01:20:09	01:46:04
280	176	Julian Holden	40+ Men	Mk Lakeside Runners	100	09:50:12	01:24:47	01:49:17	01:53:18	01:44:51	01:13:40	01:44:19
281	282	Sophie Ravenscroft	Women Open	Maidstone Harriers	27	09:56:12	01:43:05	02:07:22	01:54:50	01:26:07	01:08:51	01:35:57
282	12	Joanne Armfield	40+ Women	-	16	09:56:15	01:26:40	02:04:15	02:02:39	01:39:01	01:07:38	01:36:02
283	83	Robert Cowlin	Men Open	-	102	09:56:46	01:30:31	01:56:12	02:08:55	01:43:38	01:16:14	01:21:16
284	296	Melanie Ross	40+ Women	100 Marathon Club	17	10:09:27	01:28:00	02:04:42	02:15:28	01:38:47	01:07:42	01:34:48
285	368	Helen Weeden	40+ Women	Ashford & District Rrc	18	10:09:28	01:43:12	02:07:24	01:54:37	01:41:41	01:08:08	01:34:26
286	305	Holly Seear	Women Open	Datchet Dashers	28	10:13:46	01:42:56	02:07:48	02:05:54	01:42:30	01:06:16	01:28:22
287	318	Nina Smith	Women Open	Datchet Dashers	29	10:13:49	01:42:54	02:07:47	02:06:10	01:43:25	01:05:25	01:28:08
288	276	Michelle Purnell	Women Open	Datchet Dashers	30	10:13:51	01:43:00	02:08:09	02:07:04	01:42:06	01:05:01	01:28:31
289	255	Yvonne Olney	50+ Women	Datchet Dashers	4	10:13:56	01:42:49	02:07:52	02:06:01	01:42:30	01:06:21	01:28:23
290	8	Jayon Ahn	Women Open	Datchet Dashers	31	10:14:11	01:42:57	02:08:09	02:05:30	01:42:41	01:06:10	01:28:44
291	291	Noel Roche	Men Open	-	103	10:19:16	01:30:17	02:01:27	02:06:46	01:46:14	01:10:48	01:43:44
292	384	Wayne Wilmot	40+ Men	Southwell Running Club	101	10:25:47	01:29:22	02:16:24	02:20:25	01:44:17	01:04:13	01:31:06
293	196	Emma Kelty	40+ Women	-	19	10:37:53	01:33:11	02:02:50	02:01:08	01:51:16	01:17:33	01:51:55
294	373	Phil White	60+ Men	Blackburn Road Runners	5	10:41:18						
295	370	Ron West	50+ Men		32	10:52:30			02:13:11	01:45:24	01:06:39	01:34:56
296	360	Andrew Walker	50+ Men	Guernsey Island	33	10:52:32	01:43:43	02:28:34	02:13:04	01:41:29	01:10:42	01:35:00
DNF	238	Fiona Mongredien	40+ Women	-	DNF		01:33:37					
DNF	46	Rory Buisson	40+ Men	Ten-point Blackfish	DNF		01:27:46	01:28:45				
DNF	30	Ruth Benzimra	40+ Women	100MC	DNF		01:51:28					
DNF	179	Malcolm Hooker	50+ Men	Bishops Stortford RC	DNF		01:43:46	02:53:05				
DNF	40	Martin Bowd	50+ Men	Hillingdon Triathletes	DNF		01:19:43	02:24:33				

DNF	263	Steve Pereira	50+ Men	Tri London	DNF		01:32:50	02:02:50	01:59:07
DNF	277	Nick Purser	40+ Men	Serpentine	DNF		01:50:10	02:07:35	
DNF	233	Paul Mingo	40+ Men	Bere Alston Trekkers	DNF		01:43:11	02:08:03	
DNF	147	Jess Gray	Women Open	Watford Joggers	DNF				
DNF	111	Robert Fales	40+ Men	Datchet Dashers	DNF				
DNF	68	Neil Cloke	40+ Men		DNF				
DNF	60	Daz Carre	Men Open	-	DNF		01:26:03	01:51:02	01:53:43
DNF	244	Jerry Nathan	Women Open	-	DNF		01:24:46	01:50:14	02:04:00