

**Coombe Abbey Running Festival Marathon**

Position	No	Name	Surname	Finish Time	Category	Club	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	
1	824	Paul	Davies	<b>02:57:12</b>	Marathon M50+	Centurions RC	13:36	27:41	41:56	56:13	01:11:30	01:25:49	01:40:34	01:55:25	02:10:27	02:26:02	02:41:55	1st Male
2	913	Neal	Jeffs	<b>03:09:57</b>	Marathon Men	-	14:50	29:44	44:20	59:06	01:14:01	01:28:59	01:44:27	02:00:45	02:17:32	02:34:57	02:53:26	2nd Male
3	849	Mark	Jefford	<b>03:11:50</b>	Marathon M40+	Road Runners Club	14:53	29:45	44:21	59:02	01:14:00	01:29:01	01:44:19	02:00:24	02:16:54	02:34:18	02:52:46	3rd Male
4	828	Steve	Edwards	<b>03:15:44</b>	Marathon M50+	Bourton Roadrunners	16:58	33:12	49:19	01:05:30	01:21:33	01:37:48	01:54:14	02:10:23	02:26:57	02:43:16	02:59:45	
5	829	James	Elson	<b>03:18:53</b>	Marathon Men	Tra	14:26	29:23	44:35	01:00:23	01:16:07	01:32:09	01:48:55	02:05:28	02:22:50	02:40:45	02:59:50	
6	883	Robert	Sharp	<b>03:20:20</b>	Marathon M40+	Didcot Runners	15:24	30:43	46:10	01:01:38	01:17:24	01:33:55	01:50:48	02:07:52	02:25:17	02:43:12	03:01:38	
7	851	Sophie	Keay	<b>03:28:57</b>	Marathon Women	-	16:51	34:06	51:12	01:08:07	01:24:57	01:41:48	01:58:38	02:15:38	02:33:00	02:51:23	03:10:36	1st Female
8	899	Anthony	Woodward	<b>03:29:43</b>	Marathon Men	Desford Striders	14:50	29:46	45:13	01:00:45	01:16:09	01:32:29	01:49:52	02:08:11	02:27:38	02:48:09	03:10:26	
9	822	Matthew	David	<b>03:32:55</b>	Marathon Men	-	15:25	31:19	47:38	01:04:08	01:20:50	01:37:34	01:54:48	02:12:34	02:32:01	02:51:34	03:11:44	
10	806	Subhashis	Basu	<b>03:34:17</b>	Marathon Men	-	18:30	36:38	54:34	01:10:44	01:28:15	01:44:32	02:01:40	02:18:56	02:36:33	02:55:06	03:14:35	
11	803	Mark	Baker	<b>03:37:59</b>	Marathon M40+	Northbrook Ac	15:26	31:42	48:45	01:05:24	01:22:38	01:40:18	01:58:27	02:16:50	02:36:21	02:56:43	03:17:24	
12	852	Richard	Kell	<b>03:40:18</b>	Marathon M40+	Rrc / 9 Bar	16:38	33:31	50:25	01:07:19	01:24:33	01:42:24	02:00:35	02:19:07	02:38:19	02:58:04	03:19:03	
13	889	Beth	Taylor-jones	<b>03:41:22</b>	Marathon W40+	-	18:26	36:29	54:28	01:12:13	01:29:54	01:48:17	02:06:55	02:25:41	02:44:27	03:03:02	03:21:59	2nd Female
14	819	Nicholas	Cockburn	<b>03:44:08</b>	Marathon Men	-	18:04	35:44	53:18	01:11:33	01:30:12	01:49:07	02:08:25	02:28:01	02:46:47	03:05:28	03:26:10	
15	910	Jill	McGee	<b>03:45:19</b>	Marathon W40+	-	16:57	33:29	50:38	01:08:16	01:26:15	01:44:26	02:03:18	02:22:28	02:42:35	03:03:11	03:24:20	3rd Female
16	830	Vicky	Elston	<b>03:45:58</b>	Marathon Women	-	17:12	34:27	51:45	01:09:25	01:27:14	01:45:27	02:04:11	02:23:16	02:42:34	03:03:59	03:25:16	
17	832	Ed	Farrell	<b>03:46:21</b>	Marathon M40+	-	16:28	33:02	49:51	01:06:40	01:23:47	01:41:13	01:58:37	02:17:08	02:36:42	02:57:38	03:21:20	
18	845	Chris	Horton	<b>03:48:10</b>	Marathon Men	Badgers	17:22	34:25	51:41	01:09:24	01:26:33	01:43:17	02:00:09	02:17:46	02:37:26	02:59:25	03:24:49	
19	844	Dave	Halford	<b>03:48:20</b>	Marathon M50+	Northbrook Ac	16:44	33:50	51:29	01:09:17	01:27:13	01:45:22	02:03:43	02:22:21	02:42:04	03:03:04	03:25:37	
20	853	David	King	<b>03:48:44</b>	Marathon M50+	Orpington Road Runners	19:59	38:37	56:56	01:15:32	01:33:29	01:52:01	02:10:31	02:29:16	02:49:11	03:08:44	03:29:11	
21	877	Emma	Rathbone	<b>03:49:59</b>	Marathon Women	West End Runners	16:42	33:44	50:56	01:08:17	01:26:14	01:44:57	02:03:48	02:23:52	02:46:37	03:08:11	03:30:24	
22	879	Paul	Richards	<b>03:50:09</b>	Marathon M40+	Sandwell Valley Rc	17:02	34:06	51:10	01:08:15	01:25:47	01:44:04	02:02:30	02:21:20	02:40:33	03:02:07	03:26:09	
23	857	Ercole	Lugari	<b>03:51:31</b>	Marathon Men	Colingwood Ac	15:15	30:58	47:21	01:04:24	01:21:59	01:40:38	01:59:50	02:20:42	02:42:51	03:03:28	03:32:04	
24	891	Rik	Vercoe	<b>03:51:34</b>	Marathon M40+	100 Marathon Club	18:29	36:34	54:35	01:13:18	01:32:15	01:51:25	02:10:48	02:30:18	02:51:39	03:12:42	03:32:36	
25	911	Martin	Blazeby	<b>03:51:44</b>	Marathon Men	-	16:30	32:53	49:27	01:06:43	01:24:44	01:43:22	02:02:45	02:23:11	02:44:58	03:08:03	03:30:03	
26	876	Gary	Poppitt	<b>03:52:09</b>	Marathon M40+	-	16:25	33:08	50:14	01:08:04	01:26:10	01:44:58	02:04:25	02:26:07	02:47:33	03:10:05	03:32:03	
27	871	Carey	O'Neill	<b>03:52:48</b>	Marathon M40+	-	17:20	35:05	53:11	01:11:46	01:30:34	01:49:19	02:08:16	02:28:36	02:49:23	03:11:06	03:31:35	
28	816	Michael	Cavanagh	<b>03:52:58</b>	Marathon Men	-	16:59	33:45	51:03	01:08:05	01:25:27	01:43:10	02:01:13	02:21:22	02:43:47	03:05:30	03:32:29	
29	827	Warren	D'Rozario	<b>03:54:10</b>	Marathon M50+	Sandwell Valley R.c	19:59	38:38	57:04	01:15:47	01:34:37	01:53:41	02:12:40	02:32:08	02:52:26	03:12:43	03:33:16	
30	840	Michael	Grehan	<b>03:57:40</b>	Marathon M40+	Dunstable Road Runners	20:03	39:14	59:18	01:18:19	01:38:00	01:57:31	02:17:00	02:36:49	02:56:45	03:16:46	03:37:12	
31	847	Simon	Illingworth	<b>03:59:06</b>	Marathon M50+	100 Marathon Club	17:24	34:28	51:41	01:09:20	01:27:12	01:44:41	02:03:05	02:22:05	02:42:26	03:04:40	03:30:30	
32	907	David	Lewis	<b>04:00:28</b>	Marathon M50+	-	20:02	39:19	59:11	01:18:17	01:37:48	01:57:14	02:17:00	02:36:47	02:57:00	03:17:25	03:38:49	
33	859	Luke	Makins	<b>04:02:38</b>	Marathon Men	Sphinx Ac	16:47	34:22	52:28	01:10:55	01:29:23	01:49:10	02:08:51	02:29:41	02:51:10	03:13:24	03:36:34	
34	870	Iain	Odell	<b>04:03:33</b>	Marathon Men	-	15:45	32:23	49:21	01:07:10	01:25:10	01:44:03	02:04:28	02:27:48	02:51:08	03:14:14	03:39:44	
35	854	Richard	Lander Stow	<b>04:05:19</b>	Marathon Men	Plymouth Tri Club	16:27	33:32	51:08	01:08:15	01:25:48	01:44:04	02:02:00	02:23:48	02:47:59	03:19:36	03:46:45	
36	814	Ian	Bytheway	<b>04:06:57</b>	Marathon M40+	-	18:05	35:44	53:18	01:11:34	01:30:13	01:49:07	02:08:25	02:28:02	02:48:56	03:12:44	03:38:15	
37	887	Jo	Summers	<b>04:07:27</b>	Marathon W40+	North Herts Road Runners	18:48	37:28	56:27	01:15:34	01:36:59	01:57:35	02:20:32	02:41:18	03:03:26	03:25:50	03:47:39	
38	878	Glyn	Raymen	<b>04:08:34</b>	Marathon M40+	Leighton Funrunners	19:02	37:57	57:51	01:17:15	01:38:02	01:57:31	02:18:08	02:39:16	02:59:52	03:22:44	03:45:20	
39	861	Niall	McCrow	<b>04:10:01</b>	Marathon Men	-	18:34	37:29	56:14	01:15:13	01:34:23	01:54:08	02:13:54	02:33:16	02:55:03	03:17:59	03:42:31	
40	896	Red	Williams	<b>04:10:10</b>	Marathon M50+	-	18:06	36:44	55:34	01:14:30				02:36:18	02:58:23	03:21:44	03:45:34	
41	820	Frances	Cooke	<b>04:10:32</b>	Marathon W50+	March A/c	19:41	39:01	58:45	01:18:28	01:38:24	01:58:08	02:18:21	02:39:38	03:02:27	03:24:45	03:46:47	1st VF 50
42	863	Antony	Money	<b>04:14:55</b>	Marathon M40+	North Norfolk Beach Runners	18:27	36:35	54:55	01:13:57	01:33:02	01:52:01	02:11:48	02:33:02	02:55:02	03:19:39	03:46:11	

**Coombe Abbey Running Festival Marathon**

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43	912	Sean	Snell	04:15:18	Marathon M40+	-	18:52	38:04	57:06	01:17:01	01:37:06	01:57:07	02:18:19	02:39:46	03:02:21	03:26:15	03:50:05	
44	834	Anna	Finn	04:17:29	Marathon Women	London Fronrunners	19:09	39:30	59:46	01:20:13	01:40:40	02:01:12	02:22:26	02:43:45	03:06:09	03:29:39	03:53:26	
45	809	Matthew	Bowen	04:18:35	Marathon Men	Team Gbb	17:02	33:53	51:17	01:10:07	01:29:44	01:50:23	02:12:18	02:35:39	03:00:44	03:27:07	03:55:20	
46	811	Gareth	Brookes	04:18:35	Marathon Men	Team Gbb	17:03	33:54	51:17	01:10:08	01:29:44	01:50:23	02:12:18	02:35:39	03:00:44	03:27:08	03:55:19	
47	890	Courtney	Thornberry	04:18:42	Marathon Women	-	16:32	33:51	52:13	01:11:47	01:31:45	01:52:38	02:13:08	02:35:51	03:02:49	03:27:06	03:51:54	
48	804	Serena	Baker	04:18:50	Marathon Women	Badgers	19:02	37:56	57:03	01:16:32	01:36:52	01:56:46	02:16:48	02:37:57	03:00:52	03:28:21	03:55:20	
49	872	Jackie	Peake	04:19:04	Marathon W40+	-	19:19	38:50	58:28	01:18:20	01:38:39	01:58:59	02:20:06	02:42:29	03:05:24	03:30:22	03:55:36	
50	902	Veritie	Yates	04:20:49	Marathon W40+	-	19:02	37:54	57:01	01:16:33	01:36:51	01:57:21	02:18:38	02:41:54	03:05:09	03:30:28	03:55:43	
51	885	Charles	Smitherman	04:21:56	Marathon Men	-	18:46	37:10	56:13	01:15:20	01:34:36	01:54:21	02:15:01	02:36:41	03:00:55	03:28:57	03:58:19	
52	893	Asuka	Wakatsuki	04:25:55	Marathon Women	Didcot Runners	19:09	39:28	59:35	01:20:05	01:41:40	02:04:07	02:26:41	02:50:26	03:13:49	03:37:37	04:01:51	
53	874	Liz	Peel	04:27:35	Marathon Women	Badgers	19:01	37:54	57:03	01:16:32	01:36:52	01:57:46	02:19:38	02:42:37	03:07:42	03:35:21	04:03:02	
54	841	Richard	Griffin	04:30:21	Marathon M60+	Blackheath And Bromley	20:45	41:48	01:03:05	01:24:37	01:46:40	02:08:37	02:31:56	02:54:40	03:18:50	03:43:38	04:07:17	1st Vet 60
55	875	Alex	Penny	04:31:23	Marathon Men	Buckingham & Stowe Ac	18:25	37:00	55:41	01:14:30	01:33:16	01:52:24	02:14:28	02:36:45	03:02:50	03:29:04	04:03:54	
56	866	Tom	Mutton	04:31:37	Marathon M40+	-	18:15	37:32	56:50	01:16:36	01:37:12	01:58:47	02:21:08	02:44:20	03:09:26	03:35:53	04:03:06	
57	908	John	Saddler	04:38:48	Marathon M50+	-	20:19	41:24	01:03:04	01:24:13	01:45:55	02:08:19	02:31:07	02:54:27	03:18:46	03:43:21	04:10:37	
58	826	Sagar	Depala	04:42:32	Marathon Men	-	19:11	38:35	58:23	01:17:39	01:36:45	01:56:28	02:19:48	02:45:43	03:15:31	03:44:12	04:12:48	
59	864	Kevin	Morris	04:45:03	Marathon M40+	Centurion Rc	18:51	38:24	58:11	01:18:46	01:39:46	02:01:26	02:24:05	02:47:51	03:13:18	03:41:50	04:11:23	
60	867	Zoltan	Nagy	04:45:28	Marathon M40+	Mokus Futok	19:46	40:01	01:01:10	01:20:44	01:41:32	02:02:57	02:28:35	02:54:53	03:22:19	03:48:40	04:17:48	
61	821	Paul	Cooper	04:45:43	Marathon Men	Collingwood Ac	20:19	40:41	01:01:11	01:22:09	01:43:49	02:06:32	02:30:26	02:56:10	03:22:59	03:49:02	04:18:29	
62	905	Karl	Randall	04:46:51	Marathon M40+	-	21:38	43:25	01:05:57	01:29:08	01:51:47	02:15:17	02:39:20	03:04:14	03:30:55	03:57:13	04:23:26	
63	825	Joe	Delaney	04:49:08	Marathon M40+	-	19:24	38:28	58:18	01:18:10	01:42:34	02:02:44	02:25:39	02:51:23	03:18:51	03:46:32	04:19:14	
64	882	Robin	Scales	04:49:45	Marathon M50+	Trisport Epping	21:19	43:02	01:05:20	01:27:47	01:50:29	02:13:45	02:37:47	03:02:13	03:27:41	03:54:44	04:21:55	
65	897	Rita	Williams	04:51:11	Marathon W50+	Ware Joggers	21:01	42:02	01:03:33	01:26:08	01:49:10	02:13:07	02:37:33	03:01:54	03:30:12	03:57:33	04:25:25	
66	884	Jagjit	Singh	04:51:47	Marathon M50+	Ba Club London	21:38	42:26	01:03:33	01:24:46	01:46:02	02:08:41	02:31:56	02:55:05	03:21:01	03:48:04	04:18:34	
67	815	Leigh	Carr	04:56:48	Marathon Men	-	19:18	39:29	01:00:02	01:21:17	01:43:53	02:05:54	02:30:12	02:55:22	03:23:17	03:54:22	04:26:59	
68	898	Hayley	Wilson-Potter	04:56:48	Marathon Women	-	19:18	39:29	01:00:02	01:21:16	01:43:53	02:05:56	02:30:12	02:55:22	03:23:17	03:54:22	04:27:00	
69	862	Andy	McLaren	04:58:40	Marathon M40+	North Norfolk Beach Runners	18:26	37:00	56:17	01:16:19	01:37:52	02:01:35	02:27:23	02:53:30	03:23:59	03:55:00	04:26:35	
70	846	Peter	hutchinson	04:59:27	Marathon M60+	-	21:02	41:38	01:02:19	01:23:19	01:44:49	02:09:06	02:33:49	03:00:07	03:30:21	03:59:36	04:32:21	
71	808	Daniel	Bingham	05:04:34	Marathon Men	-	16:42	34:19	53:05	01:11:45	01:31:47	01:54:36	02:23:01	02:59:43	03:29:15	04:00:08	04:32:44	
72	865	Matt	Murgatroyd	05:06:09	Marathon Men	-	21:26	41:46	01:02:39	01:23:32	01:46:42	02:08:30	02:33:15	03:01:15	03:28:30	03:59:41	04:36:27	
73	886	John	Stew	05:10:13	Marathon M50+	Roadhogs Leicester Ac	21:17	42:03	01:03:28	01:26:06	01:49:00	02:12:56	02:43:02	03:14:47	03:41:55	04:13:35	04:42:24	
74	888	Levente	Szabo	05:10:38	Marathon Men	Mokus Futok	19:46	40:01	01:01:10	01:23:39	01:47:34	02:13:17	02:40:56	03:10:49	03:42:02	04:13:17	04:45:49	
75	837	Angela	Gatward	05:14:48	Marathon M40+	-	22:10	44:55	01:08:23	01:32:44	01:57:13	02:22:46	02:49:48	03:16:52	03:46:08	04:16:18	04:45:28	
76	914	John	Kew	05:17:12	Marathon Men	Bristol & District AC	22:11	42:55	01:04:01	01:26:43	01:50:20	02:15:36	02:42:17	03:13:22	03:46:17	04:19:03	04:49:50	
77	901	Shaun	Wright	05:19:31	Marathon M50+	-	19:56	41:26	01:03:13	01:25:09	01:47:57	02:12:57	02:39:19	03:07:51	03:38:49	04:11:11	04:48:09	
78	833	Simon	Fenton	05:21:58	Marathon Men	Sandwell Valley Rc	21:11	42:39	01:05:52	01:31:20	01:55:32	02:21:49	02:48:44	03:17:48	03:47:28	04:17:04	04:50:00	
79	843	Malcolm	Gumbrell	05:22:28	Marathon M60+	Winchester And District Ac	22:41	45:21	01:07:47	01:30:45	01:54:30	02:18:52	02:45:21	03:15:15	03:46:19	04:18:37	04:51:49	
80	839	Emmett	Graham	05:25:03	Marathon M50+	Leigh Harriers	21:34	44:30	01:09:43	01:35:44	02:02:58	02:31:03	02:59:39	03:27:22	03:55:21	04:25:48	04:54:55	
81	856	Diane	Li	05:38:42	Marathon Women	-	22:38	46:28	01:11:23	01:37:06	02:03:48	02:32:22	03:01:30	03:32:24	04:03:28	04:35:45	05:07:49	
82	895	Richard	Wellburn	05:41:04	Marathon M40+	100 Marathon Club	22:30	45:37	01:09:29	01:34:33	02:00:40	02:28:28	02:57:06	03:28:42	04:01:32	04:34:35	05:08:22	
83	810	Vanessa	Brewster	05:41:05	Marathon W40+	100 Marathon Club	22:54	47:12	01:13:11	01:38:51	02:06:09	02:33:05	03:04:25	03:33:30	04:03:54	04:34:34	05:08:21	
84	848	Kate	Jayden	05:44:31	Marathon Women	West Cheshire Ac	23:19	49:18	01:16:18	01:43:51	02:10:51	02:40:17	03:11:21	03:43:31	04:15:22	04:45:16	05:16:45	

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85	894	Rachel	Warner	<b>06:07:58</b>	Marathon Women	-	21:28	44:03	01:07:15	01:32:02	01:58:58	02:25:54	02:53:18	03:22:22	03:59:51	04:35:12	05:18:39	
86	868	Danielle	Nelson	<b>06:07:59</b>	Marathon Women	-	21:28	44:03	01:07:15	01:32:02	01:58:58	02:25:55	02:53:19	03:22:28	04:00:16	04:35:12	05:18:40	
87	823	David	Davidson	<b>06:13:02</b>	Marathon M40+	Pitsea	21:54	47:20	01:15:14	01:43:44	02:15:08	02:47:35	03:18:03	03:51:51	04:27:05	05:02:06	05:37:52	
88	812	Patrick	Brown	<b>06:21:49</b>	Marathon M60+	March Athletic Club	28:25	46:21	01:24:43	01:52:23	02:21:38	02:54:20	03:27:49	03:59:50	04:33:03	05:08:52	05:44:37	
89	842	Nici	Griffin	<b>06:23:51</b>	Marathon W40+	Ferc	23:31	50:59	01:21:22	01:50:23	02:22:46	02:54:08	03:27:04	03:59:42	04:35:14	05:08:48	05:47:11	
90	802	Andy	Manning	<b>06:47:34</b>	Marathon M50+	WDAC	26:14	53:25	01:20:59	01:51:25	02:23:27	02:59:08	03:38:17	04:15:54	04:54:01	05:33:23	06:12:15	
91	836	Iain	Gallagher	<b>DNF</b>	Marathon M40+	-	16:30	41:43	56:50	01:02:18	01:18:14	01:35:54	01:52:44	02:11:12	02:32:24	02:55:42	03:19:50	
92	850	Matt	Jones	<b>DNF</b>	Marathon M40+	-	19:16	39:10	58:43	01:17:43								
93	801	Kevin	O'Reilly	<b>DNF</b>	Marathon M50+	WDAC	19:50				01:58:44	02:19:29	02:41:30	03:07:08				
94	906	Damian	Thacker	<b>DNF</b>	Marathon Men	Fat Boys Running Club	15:02	29:49	44:43	59:47	01:14:50	01:29:57	01:45:08					