



Mud and Mayhem Duathlon

Swinley Forest

10th October, 2010

SURNAME				CHRISTIAN NAME			
CLUB					MALE/FEMALE		
AGE ON RACE DAY			PHONE	HOME			
				MOBILE			
EMAIL ADDRESS							
POSTAL ADDRESS						POST CODE	
House Number/Street							
Town							
County							
T Shirt Size Please tick		Large	Medium		Small		
Entry Fee		£35.00	Should you wish to enter the series tick here				
I hereby declare that I am an amateur according to BTF rules. I am medically fit to compete, understand that I enter at my own risk and that the organisers will not in any way be held responsible for any injury incurred during or as a result of the event or for any property lost on the course.							
SIGNED (BY GUARDIAN IF COMPETITOR UNDER 18)					DATE		
Please return form cheque payable to Go Beyond and a SAE to:- Steve Adams Go Beyond Alexandra House Harrowden Road Wellingborough Northamptonshire NN8 5BD							