

Northampton Running Festival 10K 31st March 2013

Position	Race No	Name	Surname	Total Time	Category	Lap 1	Lap 2	
1	293	Mark	Ryall	36:34	MS	11:00	24:00	1
2	301	David	Glossy	39:03	M40	11:50	25:16	1
3	300	D	Weston	42:01	M40	12:34	26:59	2
4	149	Scott	Barber	43:25	MS	13:04	28:15	2
5	168	Richard	Cookson	44:04	M40	13:15	28:44	3
6	160	Dave	Booth	44:25	MS	13:38	29:14	3
7	162	David	Bowden	44:30	MS	13:13	29:02	
8	296	Karl	Smedley	44:32	MS	13:23	28:55	
9	177	Chris	Dowsett	44:32	MS	13:35	28:58	
10	292	Matthew	Down	45:02	MS	13:04	29:12	
11	294	Linsey	Birghall	45:16	SL	13:32	30:08	1
12	205	Sarah	Halford	45:32	SL	14:04	29:53	2
13	241	Ben	Northedge	45:33	MS	14:13	30:18	
14	210	Matt	Hayward	45:52	M40	13:31	29:46	
15	308	Peter	McKeown	46:41	M40	13:52	30:16	
16	199	Anton	Goode	47:20	MS	14:29	30:36	
17	305	David	Nix	47:36	M40	14:17	30:32	
18	297	Nick	Hughes	47:40	M40	14:20	30:53	
19	262	Jane	Simons	47:50	SL	14:15	30:56	3
20	306	Simon	Bingham	47:54	M50	14:18	30:35	1
21	250	Darren	Poulter	48:35	MS	14:14	31:27	
22	254	Martin	Quinn	48:44	M50	14:19	31:15	2
23	183	Gerald	Evans	48:48	M40	15:03	32:09	
24	307	Kevin	Lamb	48:59	M50	14:45	31:52	3
25	154	Chris	Begley	49:14	M40	14:14	31:31	
26	299	Mick	Raine	49:20	MS	14:45	32:08	
27	248	Craig	Parsons	49:25	MS	14:23	31:48	
28	171	Rohan	Culverhouse	49:35	M40	15:19	32:16	
29	238	Ian	Moore	49:48	M40	15:20	32:29	
30	227	Alex	Keeble	49:55	MS	15:32	32:20	
31	295	Steve	Bunce	50:13	M50	15:30	32:53	
32	291	Aaron	Fox	50:25	MS	14:28	32:10	
33	284	Bruce	Ward	51:00	M40	15:20	33:09	
34	239	Grant	Nixon	51:22	M40	16:47	35:09	
35	309	Paul	Hampton	51:59	M50	15:53	34:04	
36	310	Veronica	Calloway	52:25	SL	17:29	35:25	
37	206	Daniel	Hallam	52:25	MS	15:59	34:23	
38	145	William	Askew	52:27	M50	15:59	34:12	
39	207	Sam	Hallett	52:32	MS	15:54	33:47	
40	285	David	Weighill	52:36	MS	14:41	32:57	
41	266	Mick	Staines	52:38	M60	15:49	34:10	1
42	198	Paul	Gofton	52:43	M40	15:48	34:09	
43	155	David	Benson	52:43	M40	15:47	34:10	
44	159	Rachel	Booth	53:05	SL	15:38	34:06	
45	150	Rodney	Barford	53:15	M40	16:18	34:39	
46	200	Steve	Gordon	53:42	M40	15:51	34:54	

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Position	Race No	Name	Surname	Total Time	Category	Lap 1	Lap 2	
47	190	Sandra	Fox	53:50	F40	16:12	34:56	1
48	157	David	Bird	54:02	M40	16:47	35:10	
49	258	Sooraj	Sagar	54:02	MS	15:19	33:58	
50	181	Christopher	Edge	54:15	M40	15:34	34:55	
51	259	Pete	Searle	54:17	MS	15:31	34:52	
52	156	Mark	Bevan	54:33	M40	15:37	34:42	
53	191	Michael	Francis	55:35	M40	18:01	36:55	
54	290	Phillip	Wilson	55:38	M40	15:34	35:35	
55	263	Sophie	Smith	55:45	SL	15:41	35:36	
56	245	Eamonn	O'sullivan	55:51	MS	16:19	36:14	
57	240	Lianne	Norfolk	56:05	SL	16:42	36:02	
58	277	Nick	Taylor	56:05	MS	15:54	35:40	
59	267	Helen	Steers	56:35	SL	16:05	36:09	
60	174	Perry	Devlin	56:40	M40	17:03	36:49	
61	282	Lucy	Wallis	56:50	SL	17:01	36:48	
62	260	Paul	Sharpe	57:22	M50	17:05	36:39	
63	209	James	Harvey	57:26	M40	16:45	36:55	
64	184	Simon	Evans-Smith	57:26	M40	16:45	36:55	
65	186	Mark	Farrington	57:27	MS	16:58	36:57	
66	176	Brian	Donkersley	57:54	M50	17:15	37:26	
67	231	Nicky	King	57:57	F40	17:35	37:42	2
68	196	John	Gibney	58:59	M40	17:17	37:23	
69	253	Andy	Pymm	59:17	M40	17:12	38:12	
70	203	Kelly	Grounds	59:32	F40	17:41	39:42	3
71	236	Sarah	Mcsharry	59:34	SL	21:16	40:30	
72	173	Daniel	Davies	59:37	MS	17:39	38:56	
73	273	Mark	Summers	59:40	M50	19:00	39:15	
74	287	Nick	West	59:52	MS	18:26	39:10	
75	269	Ian	Stevens	59:52	M60	18:21	38:54	2
76	233	Andrew	Litster	59:54	M40	16:57	38:10	
77	256	Jon	Rissik	59:54	M40	16:57	38:10	
78	252	Kim	Pusey	1:00:03	F40	18:24	38:56	
79	274	Emily	Summers	1:00:06	SL	18:25	39:30	
80	265	Katherine	Smith	1:00:07	SL	17:31	39:01	
81	257	Shon	Ross	1:00:33	M40	16:47	37:48	
82	170	Daniel	Culley	1:00:34	MS	17:23	38:29	
83	180	Claire	Dumbreck	1:00:38	SL	18:29	39:30	
84	188	Sarah	Flintham	1:01:26	F40	18:12	39:35	
85	167	Abbie	Caldwell	1:01:35	SL	18:08	39:47	
86	153	Gemma	Bartlett	1:02:12	SL	18:29	40:07	
87	208	Mark	Harper	1:02:20	M40	19:00	39:56	
88	226	Mary	Joyce	1:02:20	F50	19:00	39:55	1
89	275	Rachel	Summers	1:02:30	SL	18:44	40:19	
90	276	Gilly	Tait	1:02:58	F40	18:26	40:30	
91	148	Shane	Atherton	1:02:58	M40	18:24	40:29	
92	164	Leanne	Byard	1:03:54	SL	22:06	42:42	

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Position	Race No	Name	Surname	Total Time	Category	Lap 1	Lap 2
93	192	Stacy	Francis	1:04:16	SL	20:29	42:19
94	304	Amanda	Secker	1:04:17	F40	18:51	41:38
95	298	Sophie	Townsend	1:04:34	SL	19:26	41:54
96	288	Michael	Wheatley	1:04:38	MS	17:52	41:55
97	264	Jo	Smith	1:04:47	F40	19:51	42:32
98	229	Peter	Kennedy	1:04:49	MS	19:52	42:33
99	302	Joanna	Bates	1:05:14	SL	19:30	42:31
100	303	Melissa	Bodman	1:05:17	SL	19:50	42:45
101	251	Sofia	Pugh	1:05:23	F40	18:32	41:30
102	202	David	Grimmett	1:05:37	M60	19:37	42:33
103	165	Dana	Byford	1:05:48	SL	19:25	42:22
104	175	Kathryn	Donkersley	1:06:14	SL	19:50	42:45
105	220	Jessica	Hulme	1:06:20	SL	22:03	43:56
106	146	Marie-Anne	Askew	1:06:29	F50	20:04	43:24
107	147	Dominique	Askew	1:06:30	SL	20:04	43:24
108	222	Jill	Jelley	1:06:39	SL	20:48	43:54
109	246	Rachel	Oxley	1:08:57	F40	20:17	44:10
110	151	Gina	Barford	1:09:05	F40	20:17	44:13
111	283	Rachel	Ward	1:09:43	SL	22:07	45:24
112	179	Jo	Duffy	1:10:19	MS	20:12	44:40
113	268	Hannah	Stelling	1:16:41	SL	22:19	49:14
114	225	Ricky	Jones	1:17:03	MS	21:20	48:57
115	234	Gary	Matthews	1:20:06	M40	22:38	50:54
116	144	Trisha	Arnold	1:20:06	F60	22:38	50:53
117	223	Elvira	Johnston	1:20:55	F40	22:46	52:37
118	281	Christina	Walker	1:21:12	SL	23:19	52:57
119	280	Jonathan	Walker	1:21:13	M40	23:18	52:57
120	182	Jennifer	Ellett	1:22:20	SL	22:52	52:44
121	312	Rachel	Luck	1:24:39	F40	23:34	51:55
122	178	Kerry	Driscoll	1:24:44	SL	23:34	52:55
123	311	Craig	Hart	1:34:50	M40	28:14	1:00:26
124	221	Olga	Ivannikova	1:55:42	SL	33:00	1:11:05
125	213	Ruth	Hickman	1:55:47	F40	33:00	1:11:06
DNF	249	Sebastian	Perry		M40	15:17	32:36
DNF	261	David	Shaw		M60	17:31	36:52
DNF	243	Julie	O'Reilly		F50	19:40	41:21
DNF	185	Simon	Ewen		M40	19:53	42:37
DNF	193	Rachael	Geary		SL	21:34	48:01
DNF	143	Scott	Allsopp		MS	14:33	
DNF	187	Jane	Fenwick		F60	19:42	
DNF	279	Jeanette	Tearle		F40	19:42	

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