



Northampton Running Festival - Half Marathon 31st March 2013

Position	Race no.	Name	Surname	Finish	Category	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	981	Chris	Lamb	1:16:56	SM	12:36,96	25:16,15	38:08,90	51:05,15	1:04:04,15
2	1003	Rod	Harris	1:17:01	M40	12:36,44	25:15,07	38:04,13	51:00,81	1:04:04,00
3	946	Andrew	Siggers	1:17:48	SM	12:56,04	25:41,86	38:33,87	51:31,76	1:04:37,83
4	866	Sarah	Harris	1:22:03	SL	13:03,68	26:31,37	40:17,19	54:12,38	1:08:09,76
5	988	Nicholas	Ost	1:22:53	SM	11:44,39	25:41,89	39:57,01	54:12,45	1:08:41,14
6	864	Paul	Halford	1:23:53	M40	13:08,95	26:51,76	40:53,45	55:20,52	1:09:52,90
7	961	Carl	Tucker	1:23:57	SM	13:46,32	28:02,95	42:14,95	56:03,76	1:10:09,88
8	917	Steve	Moore	1:25:05	M40	13:49,97	27:45,72	41:53,47	56:20,47	1:10:43,79
9	1008	Lee	Berrill	1:27:36	SM	14:26,24	29:01,55	43:46,17	58:38,17	1:13:26,41
10	967	Ben	Walsh	1:27:47	SM	13:48,42	28:02,17	42:41,29	57:43,29	1:12:56,29
11	865	Steve	Hall	1:27:54	SM	14:03,84	28:41,21	43:37,15	58:38,52	1:13:27,76
12	905	Jerome	Mcallister	1:29:11	SM	14:25,43	29:03,43	43:49,68	58:47,68	1:14:00,36
13	861	Shayne	Green	1:31:51	SM	14:28,12	29:32,62	45:02,49	1:00:40,42	1:16:18,67
14	962	Eduardo	Ustaran	1:31:57	M40	14:45,01	29:50,01	44:54,13	1:00:21,26	1:16:05,89
15	978	Ryan	Wilson	1:32:03	SM	14:37,34	29:24,16	44:42,72	1:00:04,65	1:15:53,22
16	954	Neil	Thatcher	1:34:20	SM	15:59,40	31:41,04	47:22,80	1:03:09,51	1:18:45,96
17	845	Dariusz	Eirys	1:34:50	M40	09:30,79	26:16,91	43:11,53	1:00:21,91	1:17:51,48
18	1006	Ding	Ding	1:35:20	SM	15:52,85	31:41,97	47:23,66	1:03:08,66	1:18:49,34
19	822	Steve	Chester	1:35:24	M40	15:46,71	31:21,45	47:27,38	1:03:35,44	1:19:51,12
20	938	Joseph	Revell	1:35:34	SM	15:17,27	31:01,89	46:58,83	1:03:29,40	1:20:15,59
21	1001	Simon	Keal	1:35:48	SM	16:26,49	32:43,85	48:57,79	1:04:44,83	1:20:07,88
22	990	Jon	Pain	1:35:50	M40	16:02,64	31:56,69	47:46,93	1:03:39,68	1:19:39,05
23	984	Derren	Craddock	1:36:04	M40	15:37,48	31:34,62	47:29,13	1:04:11,58	1:20:08,21
24	814	Robert	Brown	1:36:08	SM	16:41,31	32:30,12	48:12,87	1:04:34,62	1:20:56,94
25	972	Mike	Wells	1:36:25	SM	15:46,84	31:21,46	47:27,32	1:03:35,63	1:19:51,18
26	876	James	Holden	1:37:46	M40	15:16,55	31:00,55	46:58,24	1:03:28,48	1:20:25,42
27	982	Luke	Crump	1:37:58	SM	16:41,57	32:50,02	48:26,79	1:04:34,18	1:21:18,44
28	844	Daniel	Dunderdale	1:38:02	SM	15:18,48	31:02,73	46:59,10	1:03:30,60	1:20:26,97
29	884	David	Irwin	1:40:08	M50	16:11,15	32:56,15	49:49,09	1:06:30,03	1:23:24,98
30	806	Jason	Atkins	1:41:30	M40	15:57,47	32:52,59	49:51,58	1:06:49,94	1:24:10,69
31	900	Steven	Major	1:41:38	M40	17:09,09	34:10,72	50:31,97	1:07:21,91	1:25:05,48
32	953	Matthew	Thatcher	1:42:16	SM	16:01,24	33:49,75	51:37,33	1:09:14,78	1:25:51,98
33	922	Liam	O'donnell	1:42:53	SM	16:55,83	34:00,64	50:52,82	1:08:11,88	1:25:34,93
34	960	Jim	Towers	1:43:38	SM	15:32,61	32:12,12	49:37,82	1:07:36,70	1:26:04,58
35	937	David	Pyke	1:44:12	SM	17:07,26	34:13,28	51:25,86	1:08:41,31	1:26:21,83
36	973	Dan	Whiter	1:44:21	M40	17:14,29	34:22,62	51:46,51	1:09:27,27	1:27:05,35
37	820	Ricky	Campling	1:44:32	SM	18:39,64	36:05,58	53:44,21	1:11:08,84	1:27:58,22
38	855	Steven	Fidler	1:44:54	M40	17:12,26	34:29,08	52:00,58	1:09:34,33	1:27:19,90
39	893	Krzysztof	Laskowski	1:44:56	SM	16:37,53	33:24,41	50:42,53	1:08:44,15	1:26:35,15
40	889	Mark	Johnson	1:45:25	SM	16:00,20	33:50,52	51:38,21	1:09:22,15	1:27:09,77
41	887	Daniel	Jephcott	1:45:40	SM	15:59,00	32:16,19	49:21,51	1:07:23,51	1:25:54,02
42	824	Alan	Clark	1:46:14	M40	15:42,33	32:36,45	50:02,08	1:07:51,90	1:26:15,96
43	906	Karl	Mcauley	1:46:14	SM	17:20,67	34:31,41	51:59,28	1:09:45,09	1:27:56,02
44	895	Rachel	Leckey	1:46:58	SL	17:02,19	34:33,56	52:30,68	1:10:16,24	1:28:32,68
45	837	Chris	Davidson	1:47:06	M40	16:57,78	34:18,28	52:15,03	1:10:22,09	1:28:54,84



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Position	Race no.	Name	Surname	Finish	Category	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
46	983	Ian	Cullen	1:47:16	SM	17:18,68	34:26,25	52:14,13	1:09:58,02	1:28:09,65
47	863	Guy	Haines	1:47:43	M40	17:55,55	35:19,67	53:17,03	1:11:28,90	1:29:37,82
48	920	Andrew	Myers	1:48:07	SM	17:10,83	35:02,13	52:58,75	1:11:07,17	1:29:28,66
49	952	Scott	Taber	1:48:32	SM	17:18,20	34:23,96	51:59,04	1:09:33,43	1:28:13,94
50	921	Robert	Nicholls	1:48:49	M40	16:25,46	33:35,83	51:35,07	1:10:08,50	1:29:08,62
51	903	Joel	Martin	1:49:21	SM	16:53,67	34:13,05	52:05,92	1:10:19,23	1:29:21,67
52	999	Sharon	Townley	1:49:52	F40	17:40,46	35:23,89	53:47,46	1:12:29,33	1:31:21,08
53	918	Paul	Mullen	1:49:53	M40	17:38,82	35:27,44	53:52,25	1:12:34,74	1:31:23,80
54	1004	Matthew	Dickerson	1:50:33	SM	17:14,50	34:57,05	53:10,73	1:12:09,47	1:31:18,52
55	913	Harvey	Miller	1:51:22	M40	17:53,50	35:52,06	54:18,74	1:13:04,42	1:32:12,91
56	828	Benjamen	Cook	1:51:30	SM	17:15,79	34:44,23	53:48,48	1:12:10,72	1:31:15,60
57	857	Tim	Foy	1:51:57	SM	19:34,20	38:17,95	57:01,89	1:15:24,38	1:33:48,76
58	888	Jacqueline	Johnson	1:52:01	F50	18:27,59	36:47,09	55:21,40	1:14:07,46	1:33:12,77
59	980	Emma	Wright	1:52:16	SL	17:32,70	35:58,39	54:21,64	1:13:21,27	1:32:46,64
60	919	Andrew	Munro	1:52:45	M40	18:24,97	36:49,54	55:21,23	1:14:07,92	1:33:15,86
61	811	Alison	Boston	1:52:55	SL	19:16,32	37:31,08	56:03,51	1:14:41,70	1:33:52,27
62	1007	Mark	Dabbs	1:53:08	M40	17:08,25	34:21,37	52:12,24	1:11:10,22	1:31:28,78
63	975	Elizabeth	Wilcox	1:53:14	SL	18:38,96	38:13,17	56:34,12	1:15:27,14	1:34:29,22
64	931	Craig	Phillips	1:53:42	M40	17:42,03	35:15,03	53:43,71	1:12:44,08	1:33:05,70
65	955	Daniel	Tilley	1:54:10	SM	20:04,60	38:22,99	56:49,13	1:15:33,20	1:34:52,65
66	870	Michael	Heffernan	1:55:02	SM	18:35,11	37:16,49	56:25,87	1:15:59,05	1:36:18,62
67	930	Geri	Perkins	1:55:03	SL	18:39,16	37:20,90	56:27,70	1:16:03,38	1:35:56,56
68	883	Steve	Hunt	1:55:40	M40	18:39,32	37:08,19	56:05,57	1:15:38,50	1:35:37,19
69	1000	Liam	Noble	1:55:47	SM	18:45,24	37:34,18	56:47,00	1:16:20,44	1:36:04,00
70	823	Andy	Clark	1:56:37	SM	17:37,50	36:04,81	54:43,55	1:14:18,80	1:35:43,17
71	815	Graham	Buckingham	1:56:51	M50	19:15,33	37:55,07	57:11,50	1:16:32,93	1:36:28,24
72	986	Hazel	Ferris	1:58:07	F40	19:08,09	38:18,27	57:50,76	1:18:03,51	1:38:16,37
73	951	Iain	Sweeney	1:59:37	M40	18:06,79	37:21,80	57:09,73	1:17:27,11	1:38:36,29
74	911	Clive	Millar	2:00:13	M60	19:48,83	38:39,51	58:15,76	1:18:10,51	1:38:47,57
75	968	Darren	Watson	2:00:34	SM	21:28,28	41:36,36	1:01:22,94	1:21:24,40	1:41:11,23
76	976	Melissa	Wilkins	2:00:34	SL	18:31,40	36:42,66	57:46,30	1:18:40,69	1:39:13,20
77	969	Banu	Watson	2:00:36	SL	21:28,09	41:36,29	1:01:23,05	1:21:24,49	1:41:11,25
78	956	Oliver	Tomlinson	2:00:37	SM	17:18,14	35:09,16	54:12,56	1:15:37,09	1:36:57,75
79	908	Cath	McClean	2:00:57	F40	20:30,25	40:05,94	59:59,96	1:20:26,03	1:40:50,17
80	881	Sharon	Howland	2:01:47	F40	19:42,32	39:21,07	59:31,26	1:20:18,81	1:41:16,43
81	854	Jacqueline	Ferguson-Jones	2:02:16	F50	22:52,38	43:33,63	1:02:11,38	1:21:40,94	1:42:11,00
82	987	Mark	Haynes	2:02:28	SM	19:13,75	38:41,50	58:42,87	1:20:07,18	1:41:29,61
83	935	Rob	Porter	2:02:31	SM	19:16,30	37:52,11	57:10,42	1:16:55,67	1:39:53,29
84	945	Trudy	Sharpe	2:02:49	F40	20:03,84	39:52,59	1:00:22,29	1:21:15,10	1:42:10,98
85	904	Ian	Maudsley	2:02:51	SM	18:22,40	37:12,59	56:30,78	1:17:04,03	1:39:16,91
86	979	Jenna	Winter	2:03:37	SL	19:19,66	38:18,03	58:08,96	1:19:04,08	1:41:09,76
87	902	Chris	Marlow	2:04:16	SM	19:47,07	39:47,34	1:00:24,54	1:21:30,43	1:42:52,32
88	803	Tom	Allitt	2:05:47	SM	21:11,13	42:22,19	1:03:40,87	1:24:32,18	1:45:09,17
89	991	Simon	Allitt	2:05:47	M40	21:13,52	42:33,77	1:04:08,83	1:25:06,20	1:45:28,14
90	936	Matthew	Priestley	2:05:52	SM	18:16,32	37:19,33	57:34,89	1:18:46,96	1:40:45,14



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Position	Race no.	Name	Surname	Finish	Category	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
91	871	Julie	Heithus	2:05:59	F50	19:45,23	40:56,78	1:01:32,33	1:22:36,14	1:44:01,57
92	892	Andrew	Kinney	2:06:45	M40	20:01,44	40:28,88	1:01:48,88	1:23:36,07	1:45:16,19
93	831	Melissa	Corley	2:06:46	SL	20:01,29	40:29,36	1:01:49,49	1:23:36,06	1:45:16,19
94	948	Stephen	Smith	2:07:01	M40	21:25,74	41:49,31	1:02:32,20	1:23:38,21	1:44:50,54
95	838	Carl	Davidson	2:07:29	SM	19:11,29	39:31,85	1:00:23,84	1:21:01,20	1:42:39,38
96	829	Sandra	Cookson	2:07:37	F40	19:42,79	40:17,98	1:01:26,73	1:23:00,24	1:45:06,80
97	874	Lizzie	Hill	2:08:46	SL	21:30,82	43:40,56	1:04:37,62	1:25:41,50	1:47:10,12
98	873	Dean	Hickman	2:09:02	SM	21:00,56	41:20,31	1:02:10,50	1:23:40,69	1:45:08,26
99	932	Tom	Pilling	2:09:40	SM	18:10,21	38:55,21	1:00:12,27	1:22:13,96	1:46:09,78
100	995	Steve	Caulton	2:09:43	M50	19:18,82	39:52,12	1:01:06,68	1:23:18,11	1:46:18,79
101	878	Wayne	Holton	2:10:24	SM	18:36,46	38:26,71	59:51,33	1:22:33,94	1:46:09,05
102	924	Dave	Onion	2:10:43	M60	19:53,04	40:22,47	1:01:49,03	1:24:11,59	1:47:15,52
103	959	Katy	Toseland	2:10:53	SL	21:12,12	42:09,61	1:03:55,11	1:26:02,36	1:48:41,86
104	933	Karen	Pope	2:11:11	F50	20:14,84	41:11,46	1:02:49,39	1:25:54,39	1:48:59,13
105	989	Darren	Brockwell	2:11:45	M40	19:32,69	40:03,83	1:01:16,97	1:23:26,92	1:47:26,88
106	985	Nick	Hudson	2:12:59	SM	18:56,04	39:51,72	1:01:53,78	1:24:52,21	1:48:46,83
107	833	Glen	Cousner	2:13:41	M40	21:40,32	43:48,63	1:06:42,62	1:29:11,62	1:52:01,93
108	818	Helen	Busfield	2:14:29	SL	19:43,39	42:20,33	1:04:06,32	1:27:18,13	1:50:48,81
109	805	Charlotte	Andrejczuk	2:14:59	SL	19:17,81	39:24,86	1:00:25,34	1:23:03,45	1:48:27,56
110	997	Lauren	Richards	2:15:05	SL	21:24,73	44:27,36	1:07:19,54	1:31:32,29	1:57:17,98
111	842	Lorna	Dix	2:15:24	SL	21:27,04	43:05,55	1:05:33,05	1:28:33,43	1:51:38,44
112	830	Ashley	Corden	2:16:48	SM	20:58,69	42:42,13	1:04:43,94	1:27:56,50	1:51:55,00
113	971	Julia	Weatherill	2:17:13	SL	21:18,09	42:46,72	1:05:02,10	1:28:06,79	1:52:04,23
114	950	Katie	Starmer	2:17:25	SL	21:27,83	43:22,16	1:06:01,36	1:29:17,70	1:52:48,15
115	841	Elizabeth	Dix	2:18:09	SL	21:28,76	43:10,01	1:05:41,26	1:28:54,70	1:53:06,82
116	835	Helen	Crossland	2:18:09	F40	21:34,10	43:35,92	1:05:47,42	1:29:09,99	1:53:05,55
117	816	Janet	Bunce	2:18:27	F50	21:25,03	43:19,97	1:06:07,10	1:29:34,40	1:53:37,46
118	949	Derek	Smith	2:19:12	M50	20:29,95	41:54,90	1:04:12,05	1:27:27,20	1:53:45,16
119	998	Philip	Nutley	2:19:57	M50	21:58,83	43:58,83	1:06:56,44	1:30:39,50	1:55:11,05
120	898	Johanna	Lloyd	2:21:00	SL	22:59,57	46:57,94	1:10:00,43	1:33:10,23	1:56:56,42
121	926	Lucy	Parker	2:21:18	SL	22:48,47	46:32,59	1:09:58,09	1:33:04,72	1:57:29,59
122	890	Ann	Joyce	2:21:41	F50	22:15,87	45:26,49	1:08:43,92	1:32:32,60	1:57:15,97
123	970	Alison	Watts	2:22:49	F40	21:33,36	44:17,13	1:08:02,03	1:32:20,06	1:57:28,09
124	853	Paul	Felgate	2:24:24	M50	22:00,37	45:05,55	1:09:04,10	1:33:50,22	1:58:58,09
125	843	Jo	Down	2:25:18	F40	22:17,28	45:46,34	1:09:49,83	1:34:31,83	2:00:03,01
126	912	James	Miller	2:26:26	SM	21:43,84	44:00,46	1:08:34,13	1:33:23,13	1:59:49,55
127	850	Louise	Farquhar	2:26:35	SL	21:34,91	44:27,84	1:08:34,40	1:33:53,58	2:00:01,58
128	827	Denise	Cook	2:27:22	SL	21:56,78	44:30,47	1:08:04,28	1:32:22,59	1:57:33,77
129	942	Gerda	Round	2:27:26	F40	23:07,99	46:50,30	1:11:20,67	1:37:28,23	2:02:07,98
130	992	Aaron	Catlin	2:29:14	SM	21:26,13	43:50,44	1:07:31,45	1:32:30,51	2:01:01,08
131	852	Helen	Felgate	2:29:54	F50	22:59,62	46:36,68	1:10:54,55	1:35:46,74	2:02:58,80
132	859	Yvonne	Gough	2:29:54	F40	23:08,51	46:55,76	1:11:32,95	1:37:10,89	2:03:38,32
133	929	Laura	Penny	2:31:08	SL	22:41,39	46:09,63	1:11:42,37	1:37:44,43	2:04:36,73
134	994	Joanne	James	2:33:24	F50	23:07,03	46:48,10	1:11:20,79	1:37:15,17	2:05:02,86
135	1002	Tania	Yelland	2:33:58	SL	23:08,97	47:15,22	1:12:46,41	1:39:05,47	2:05:48,78





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Position	Race no.	Name	Surname	Finish	Category	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
136	862	Helen	Gustar	2:34:59	SL	23:04,73	47:43,47	1:13:26,40	1:39:45,89	2:07:17,19
137	851	Becky	Felgate	2:35:09	SL	22:49,69	46:33,75	1:10:37,61	1:35:41,86	2:05:30,66
138	1005	Louise	MacInnes	2:36:38	SL	24:54,03	50:59,77	1:17:12,01	1:43:16,57	2:09:17,38
139	868	Luzviminda	Haynes	2:37:59	F40	24:56,54	49:38,29	1:15:29,47	1:43:31,09	2:10:41,66
140	836	Ewan	Cubitt	2:40:44	SM	21:51,99	53:57,49	1:19:10,35	1:44:44,16	2:12:23,41
141	996	Pat	Brown	2:41:06	SL	25:36,75	52:32,15	1:19:42,41	1:47:19,81	2:15:08,20
142	910	Kim	Metcalfe	2:43:53	F40	24:54,12	51:00,87	1:17:12,67	1:44:42,54	2:14:25,48
143	894	James	Leaper	2:44:12	SM	22:36,71	46:29,70	1:11:43,81	1:39:57,80	2:10:22,42
144	856	Andrew	Fletcher	2:44:45	M40	22:36,28	47:41,21	1:14:25,71	1:43:02,21	2:13:17,65
145	813	Susanne	Broughton	3:00:27	F40	24:19,29	54:44,03	1:24:43,78	1:55:50,96	2:27:45,65
146	885	Jacqueline	Jefferson Breeze	3:03:18	F50	27:02,77	56:09,08	1:26:04,38	1:56:52,19	2:28:57,18
147	1009	Kelly	Lemon	3:05:12	SL	27:35,59	55:00,46	1:27:41,51	2:00:10,81	2:34:00,18
148	939	Gareth	Robinson	3:06:30	SM	25:40,55	55:51,10	1:26:16,09	1:58:34,77	2:31:54,76
149	947	Charles	Simmons	3:06:37	M60	26:10,46	57:21,23	1:27:32,75	1:59:42,95	2:32:41,16
DNF	886	Jamie	Jephcott		M40	16:31,01	33:16,01	50:54,38	1:10:56,31	
DNF	897	Chris	Ling		SM	15:50,41	31:46,78	48:32,53		
DNF	810	Rob	Belson		SM	19:14,66	40:30,41	1:02:48,15		
DNF	840	Ross	Digby		SM	24:43,37	51:52,42	1:20:53,96		
DNF	875	Ryan	Hogben		SM	15:53,12	33:11,69			
DNF	867	Vanessa	Hastings		F40	19:59,38	39:48,06			
DNF	896	Margaret	Leedham		F50	20:02,83				

