



**GO BEYOND  
ULTRA**  
HUMAN ENDURANCE DEFINED



## Round Ripon Ultra 2017 Race Report

With another day of near perfect running conditions and broad field of runners from those competing in their first Ultra event alongside runners fresh from UTMB, who wouldn't want to take part in the 8<sup>th</sup> annual Round Ripon race.

Before we go on to the race report, we must thank the villagers of Studley Roger for their continued support with the use of the Hall, a field to park the cars in and even the use of WiFi so that we could get the results posted within 30 minutes of the race finish!



**Battling for first place!**

The race started promptly at 09:00 and the runners headed off towards the first check point at Sleningford Watermill. A tight knit group made up of Rob Payne, Pete Abraham, Alex Fawcett, Ben Holmes, Mark Peacock and Scott Filmer passed through at 54 minutes, 6 minutes ahead of the field. By Check Point 2 Mark and Scott had dropped off a little but the other four were keeping close quarters for the rest of the race and left Check Point 4 ready to fight it out for line honours. In the end it was Rob who stole the lead to win by 46 seconds ahead of Pete in a time of 4:59:31. Alex was just 33 seconds behind Pete. Despite a solid run by Ben Holmes, he was beaten to fourth place by Team Paul – one of the two relay teams.

Age group winners prizes went to Pete Abraham in the M40 category and Alex Fawcett in the M50.



**Taking a well-earned break at CP3**



**Top Three:**  
Rob Payne (centre), Pete Abraham (left) and Alex Fawcett (right)





**Top Three Ladies:  
Alice Milne (centre), Lindsey Clegg (left) and  
Liga Magdalenoka-Keen (right)**

In the Ladies race first through CP1 were Lindsey Clegg, Anneke Imeson and Amanda Sterling, followed by Liga Magdalenoka-Keen a full 6 minutes on their tail and then Alice Milne who, at this point, was 12 minutes behind the leaders. Lindsey Clegg had taken the lead by CP2 and continued to maintain a steady pace; however, by CP4 Alice had been fighting hard to gain some traction on the leaders and at this stage was in second place behind Lindsey. It turned out to be a race to the line between the two ladies and Alice pulled it out the bag to take first place in a time of 06:00:50!

Liga also maintained a good steady pace throughout the race and came in third place in a time of 06:11:47, 5 minutes behind Lindsey who also took first prize in the F35 age category.



Other age group winners were Tony White in the M60 who finished in the top 50 with a time of 07:25:18. Amanda Sterling took the F45 category and Janet Ilsley was the F55 winner finishing with a respectable time of 08:12:38.

Once again the team prize was claimed by Ripon runners with some really good results from Alex Fawcett, Steve Silver, Anneke Imeson, Phil Moores and Kim Holden to name but a few. Ripon Runners also fielded the first relay team home, Team Paul.

We also have the final results of the Scott Series for 2017. Well done to everyone who has raced this year and in particular the top two men who gained a significant points lead over the rest of the field. Also a huge well done to Mellissa Arkinstall who took third place overall as well as top female.

Top three men:

1	Ben Shirley
2	Scott Filmer
3	Brandon Gray

Top three ladies:

1	Melissa Arkinstall
2	Helen Etherington
3	Victoria Bennett



# 2018 CALENDAR 2018 CALENDAR

## !!DOUBLE DECADE DISCOUNT DEAL!!

### Celebrating 10 years of Country to Capital and Thames Trot Ultras



- Both Races for Just £90.00
- Country to Capital 13th January 08:30
- Thames Trot 3rd February 08:30
- Custom Medal for each event plus the Decade Double
- Fantastic Celebration Tops

RACE INFO

ENTER HERE

RACE FOR FREE

### Country to Capital 45

#### Wendover - Little Venice: Saturday 13th January



- 8:30am start
- Start at Wendover, Bucks and finish in Little Venice
- Time limit 11 hours
- Chip Timed
- Entry fee £50:00

RACE INFO

ENTER HERE

RACE FOR FREE

### Thames Trot 50 "The Boat Race"

#### Oxford to Henley: Saturday 3rd February



- 8:30am start
- Start at Iffley (nr Oxford) and finish at Henley
- Time limit 11 hours
- Chip Timed
- Entry fee £50.00

RACE INFO

ENTER HERE

RACE FOR FREE

See you all in 2018 I hope – stay fit

Yours in Sport

**Steve Adams, Race Director**