

GB TRANS BRITAIN
12th to 18th September 2009



David Wilson Wins Inaugural Running of Trans Britain



The inaugural running of the Trans Britain has been treated to some fabulous weather and the runners have enjoyed some stimulating and challenging running. David Wilson was the impressive winner in a cumulative time of 40:14:28 ahead a small but very talented field.

Day 1 Gretna to Caldbeck 35 miles

The race got away at 09.00 from Gretna and headed south via Carlisle to Caldbeck in the foothills of the Cumbrian mountains, after 35 miles first in were David Wilson and Graeme Chamberlin in 8:48:40. Karen Levy was next in very closely followed by Andrew Green with Jen Jackson closing the gap in the last section of the day

Results

1st = David Wilson	8:48:40
1st = Graeme Chamberlin	8:48:40
3rd Karen Levy	9:35:15
4th Andrew Green	9:35:56
5th Jen Jackson	10:31:06

Day 2 Caldbeck to Mell Fell 24 miles

A mercifully shorter day on day 2 but included the first of the climbing that would certainly be a feature of the next day David Wilson and Graeme Chamberlin were

once again neck and neck but Andrew Green turned the tables on Karen Levy with Jen Jackson once again closing the gap in the last section of the day

Results

1st = David Wilson	4:57:59
1st = Graeme Chamberlin	4:57:59
3rd Andrew Green	6:21:07
4th Karen Levy	6:21:09
5th Jen Jackson	6:48:10

Day 3 Mell Fell to Rydal 19 miles

This stage of the race was the one that goes higher than the rest of the race covering 5 of the Cumbrian peaks. The weather was perfect for running in the "tops" and David Wilson showed his fell running credentials by getting clean away from the field finishing in a very impressive 4:47:59 which spookily was exactly the same as the previous day. Andrew Green also had a great run finishing second in 5:53:11.

Results

1st David Wilson	4:57:59
2nd Andrew Green	5:53:11
3rd Graeme Chamberlin	6:23:38
4th Karen Levy	7:02:52
5th Jen Jackson	8:16:58

Day 4 Rydal to Dent 34 miles

stage saw a new stage winner in Graeme Chamberlin liking the slightly flatter conditions and more opportunity to "run", David Wilson still wasn't that far behind. The weather was again perfect for running which all the field enjoyed Jen Jackson being heard to saying "I am enjoying this so much I could run all day!", which given the length of the stage was probably just as well! Andy Green had another good day finishing third.

Results

1st Graeme Chamberlin	9:02:06
2nd David Wilson	9:29:45
3rd Andrew Green	11:19:00
4th Karen Levy	11:19:02
5th Jen Jackson	11:24:01

Day 5 Dent to Settle 26 miles

With a couple of big climbs including Pen-y-Ghent David was back to his winning ways with Andy Green always in pursuit. Karen Levy got a nasty twist on her ankle just prior to the first checkpoint and was forced to pull out of the stage but vowed to be fit for the last stage in Wales. Arriving at North Ribblesdale RUFC club physio Dave Bryant was on hand to ease some of the muscle aches ahead of the final stage.

Results

1st David Wilson	7:22:37
2nd Andrew Green	7:53:21
3rd Graeme Chamberlin	8:30:52
4th Jen Jackson	9:42:03
4th Karen Levy	23:59:59 (RTD)

Day 6 Wrexham to Ruthin 18 miles

It is fair to say that none of the competitors were exactly pinging around like spring lambs on the start line in Wales for the last leg but with nearly 140 miles in their legs already this was hardly surprising but everyone was on the start and ready to go. This stage provided a mix of Welsh hills, forest trails and very pretty scenery with a stunning finish in the sunshine at Ruthin Castle. Andrew Green put on a spurt at the day's only check point and ran away from the rest to record his first stage win, Graeme Chamberlin followed him in with a weary but victorious David Wilson close behind who was followed in by a plucky Karen Levy just 34 seconds behind. Jen Jackson finished shortly afterwards with the smile she had all week. Having all got in the only thing left to do was for the "Trans Britain Trail Blazers" to spay each other with champagne which they duly did.

Results

1st	Andrew Green	4:17:30
2nd	Graeme Chamberlin	4:33:56
3rd	David Wilson	4:37:34
4th	Karen Levy	4:38:08
5th	Jen Jackson	5:27:39